

# COVID-19 Daily Update March 29, 2021

New or updated information is in red and bold

This update is available online at healthvermont.gov/covid19

Click the "See the Daily Update" button

### Vaccine appointments now open to Vermonters age 50 and older

More than 19,000 Vermonters age 50 and older made appointments for the COVID-19 vaccine through the state registration system Monday, the first day that age group became eligible for vaccination.

There are enough slots at sites throughout Vermont for everyone who is eligible, so if you haven't made your appointment yet, visit <a href="healthvermont.gov/MyVaccine">healthvermont.gov/MyVaccine</a> to sign up today. If you prefer to make your COVID-19 vaccine appointment through a participating pharmacy, you can find links on the same page to Kinney Drugs, CVS and Walgreens.

Anyone who is unable to make their appointment online, or who needs to speak with someone in a language other than English can call 855-722-7878.

Even if you're not yet eligible, you can still visit the website to create an account, so you're ready to log in and make an appointment when your age group becomes eligible.

The eligibility timeline for the remaining age groups is:

- Age 40+ on April 5
- Age 30+ on April 12
- Age 16+ on April 19

## New on healthvermont.gov

Household members of a person with COVID-19 are most likely to be identified as a close contact. They are also the type of contact most likely to become a case. Get more data about people who have been identified as close contacts in Vermont in the latest <a href="Weekly-Data Summary Spotlight">Weekly Data Summary Spotlight</a>.

If you have any symptoms, stay home and get tested for COVID-19

Interviews with people who have COVID-19 indicate that some assumed they had a cold or a sinus infection, instead of first thinking they might have COVID-19. The COVID-19 virus is still circulating in our communities, and the only way to know if you have it is to get tested.

Remember that <u>symptoms</u> can sometimes be mild, such as a headache, cough, fatigue or a runny nose. So, if you have even just one of these symptoms, it's best to get tested. It's also important to avoid going to work, school or other places until you receive a negative result. COVID-19 is a highly transmissible virus, and this is how we can each protect our loved ones and our communities.

Testing is important – In fact, the only way to know if you have COVID-19 is to be tested.

If you have symptoms, talk to your health care provider. They can refer you for testing. Even if you don't have symptoms, you can still have COVID-19 and not feel sick. If you don't have symptoms and want to get tested, there are <u>many test sites</u> now available around the state. It's free and easy! <u>Watch a video about what to expect</u>.

#### **COVID-19 Activity in Vermont**

As of 12 p.m. on March 29, 2021 Data is updated daily.

Description	Number
New cases*	137
	(19,002 total)
Currently hospitalized	25
Hospitalized in ICU	4
Hospitalized under investigation	0
Percent Positive (7-day average)	1.9%
People tested	354,155
Total tests	1,316,669
Total people recovered	15,653
Deaths+	225

Find more data on COVID-19 Activity at: <a href="healthvermont.gov/currentactivity">healthvermont.gov/currentactivity</a>.

#### **COVID-19 Vaccine Data**

As of 12 p.m. on March 27, 2021 Data is updated Tuesdays through Saturdays.

Description	Number
Total people who have received least one dose	192,790
of vaccine	(35.1% of population)

Total people who have received two doses of	
vaccine (completed)	107,086

Find more vaccine data on the COVID-19 Vaccine Dashboard: <a href="https://healthvermont.gov/covid19-vaccine-data">healthvermont.gov/covid19-vaccine-data</a>.

#### **Additional Resources About Vaccination and More**

- Find answers to your questions about the COVID-19 vaccine from the CDC: <a href="https://www.cdc.gov/coronavirus/2019-ncov/vaccines/faq.html">www.cdc.gov/coronavirus/2019-ncov/vaccines/faq.html</a>.
- Get Vermont-specific information in our <u>Frequently Asked Questions</u>.
- Sign up for the COVID-19 Weekly Email Update.
- Find information sheets, posters and toolkits, as well as translated materials on our Resources web page.

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