## **ARKANSAS DEPARTMENT OF HEALTH**





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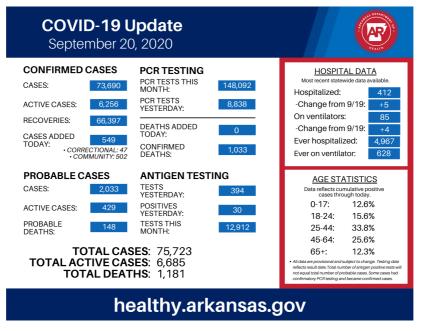
# COVID-19

### <u>COVID-19 Dashboard | Directives & Guidances | Isolation | Quarantine | Resources | Recursos en Español |</u> <u>Reports | Testing</u>

#### To protect yourself and others, the ADH recommends:

- Wash your hands often with soap and water for at least 20 seconds. Use hand sanitizer when soap and water are not available.
- Practice physical distancing. Avoid close contact with others, especially those who are sick, by keeping at least 6 feet between you and others.
- If you think you have been exposed to COVID-19 or develop a fever, cough, or shortness of breath, seek testing. <u>Testing is available</u> in many locations, including ADH Local Health Units.
- Wear a face covering when you are exposed to non-household members and physical distancing cannot be assured. Click <u>here</u> to read the requirements.

#### Alerts/Updates



\*COVID-19 county data

- NEW: <u>Be Well Arkansas: Cancel COVID on College Campuses Video Challenge</u>
- UPDATE: Directive on Resuming Restaurant Dine-in Operations Phase II
- ALERT: <u>COVID-19 Guidance for Schools</u> | Resource Call Center 1-833-353-6050

• Click here for more information in our interactive COVID-19 dashboard.

#### **Quick Links & Resources**



- Click here for the Governor's Weekly COVID-19 Press Briefings
- Click <u>here</u> for Health Guidances
- Educational Institutions Reports
- <u>Contact Tracing</u>
- <u>COVID-19 Positive Test Support Groups</u>
- <u>State of Arkansas COVID-19 website</u>
- Masks are Required Signage | Spanish
- Rules Suspended Due to COVID-19 Public Health Emergency Under EO20-06
- ADH news releases
- <u>COVID-19 Media Library</u>



\*\*For best performance, please avoid using Internet Explorer

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For additional assistance or questions, call the ADH COVID-19 Call Center at 1-800-803-7847, or email <u>ADH.CoronaVirus@arkansas.gov</u>. For immediate quarantine and isolation sheltering needs for homeless or displaced individuals, please call 501-661-2136.

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#### **DISEASES & CONDITIONS**

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COVID-19 Guidance for Getting Tested
COVID-19 Guidance for Healthcare Providers
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COVID-19 Guidance for Homeless Shelters and Services
COVID-19 Guidance for Orthotists, Prosthetists, and Pedorthists
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