### **ARKANSAS DEPARTMENT OF HEALTH**



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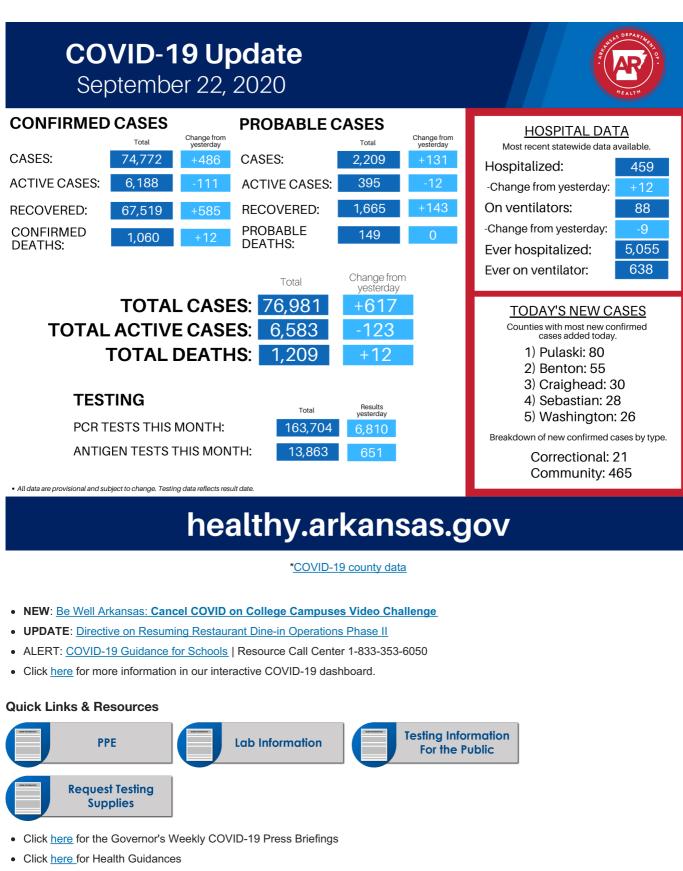
## COVID-19

#### <u>COVID-19 Dashboard | Directives & Guidances | Isolation | Quarantine | Resources | Recursos en Español |</u> <u>Reports | Testing</u>

#### To protect yourself and others, the ADH recommends:

- Wash your hands often with soap and water for at least 20 seconds. Use hand sanitizer when soap and water are not available.
- Practice physical distancing. Avoid close contact with others, especially those who are sick, by keeping at least 6 feet between you and others.
- If you think you have been exposed to COVID-19 or develop a fever, cough, or shortness of breath, seek testing. <u>Testing is available</u> in many locations, including ADH Local Health Units.
- Wear a face covering when you are exposed to non-household members and physical distancing cannot be assured. Click here to read the requirements.

#### **Alerts/Updates**



- Educational Institutions Reports
- <u>Contact Tracing</u>
- <u>COVID-19 Positive Test Support Groups</u>
- <u>State of Arkansas COVID-19 website</u>
- <u>Masks are Required Signage | Spanish</u>
- Rules Suspended Due to COVID-19 Public Health Emergency Under EO20-06
- ADH news releases
- <u>COVID-19 Media Library</u>

# ADH COVID-19 Status Updates

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For additional assistance or questions, call the ADH COVID-19 Call Center at 1-800-803-7847, or email <u>ADH.CoronaVirus@arkansas.gov</u>. For immediate quarantine and isolation sheltering needs for homeless or displaced individuals, please call 501-661-2136.

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#### **DISEASES & CONDITIONS**

#### COVID-19 -

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COVID-19 Reports
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COVID-19 Guidance for Travelers
COVID-19 Guidance for Self Home Quarantine
COVID-19 Guidance for Self Home Isolation
COVID-19 Guidance for Places of Worship
COVID-19 Guidance for Pharmacies
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COVID-19 Guidance for Homeless Shelters and Services
COVID-19 Guidance for High Risk Individuals
COVID-19 Guidance for Healthcare Providers
COVID-19 Guidance for Getting Tested
COVID-19 Guidance for EMS
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COVID-19 Guidance for Dentists
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