ARKANSAS DEPARTMENT OF HEALTH



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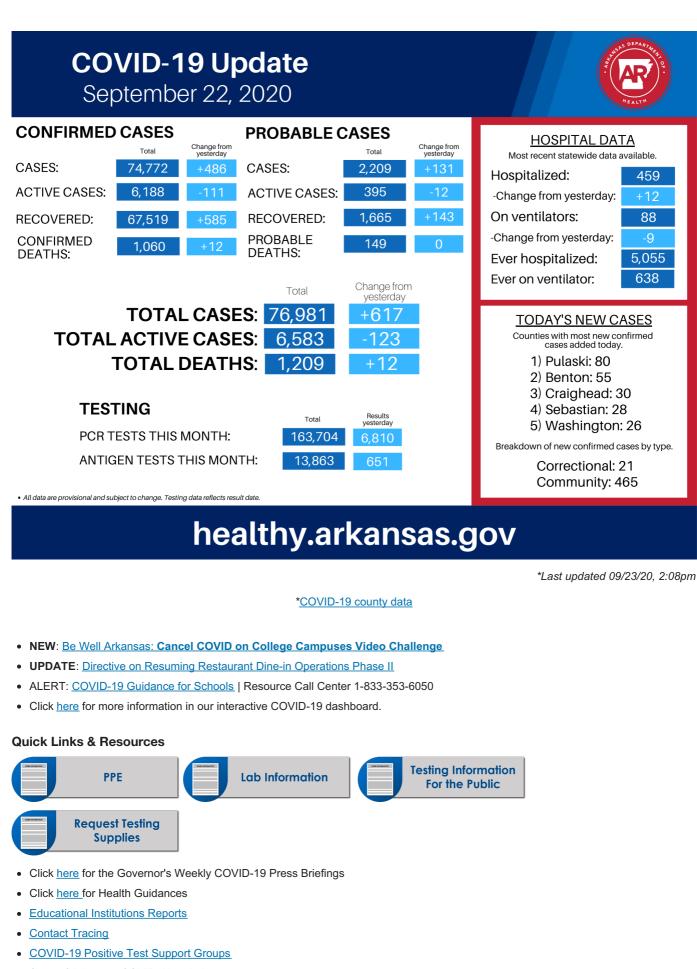
COVID-19

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To protect yourself and others, the ADH recommends:

- Wash your hands often with soap and water for at least 20 seconds. Use hand sanitizer when soap and water are not available.
- Practice physical distancing. Avoid close contact with others, especially those who are sick, by keeping at least 6 feet between you and others.
- If you think you have been exposed to COVID-19 or develop a fever, cough, or shortness of breath, seek testing. <u>Testing is available</u> in many locations, including ADH Local Health Units.
- Wear a face covering when you are exposed to non-household members and physical distancing cannot be assured. Click here to read the requirements.

Alerts/Updates



- <u>State of Arkansas COVID-19 website</u>
- <u>Masks are Required Signage | Spanish</u>
- Rules Suspended Due to COVID-19 Public Health Emergency Under EO20-06
- ADH news releases
- <u>COVID-19 Media Library</u>

ADH COVID-19 Status Updates

**For best performance, please avoid using Internet Explorer

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For additional assistance or questions, call the ADH COVID-19 Call Center at 1-800-803-7847, or email <u>ADH.CoronaVirus@arkansas.gov</u>. For immediate quarantine and isolation sheltering needs for homeless or displaced individuals, please call 501-661-2136.

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