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Department of Public Health & Environment



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# Information on the Outbreak of Coronavirus Disease 2019 (COVID- 19)

The Colorado Department of Public Health and Environment is working closely with the Centers for Disease Control and Prevention (CDC), our Local Public Health Agencies (LPHA) and our communities to provide updated information about COVID-19.

 [Cases in Colorado: Data Visualization](#)

Data is updated daily by about 4 p.m.

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Do I need to isolate or quarantine?

What's closed or cancelled?

Can I still order delivery?

I have symptoms of COVID-19

What's community spread?


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#### CONTACT


#### CO-HELP

Colorado's call line for general questions about COVID-19, provides answers in many languages including English, Spanish (Español), Mandarin (普通话) and more.

303-389-1687 or  
1-877-462-2911

 [COHELP@RMPDC.org](mailto:COHELP@RMPDC.org) (answers in English only)

CO-HELP operators cannot recommend whether or where you get tested, provide medical advice or help you with your prescriptions. They cannot provide testing results. They cannot clear you to go to work. If you are seeking help for anything other than general questions, please try a health care provider or [nurseline](#).

 If you need medical attention, contact a health care provider.

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MARCH 19, 2020

## State health department calls on people, especially those who think they might have the illness, to self-isolate; close contacts of sick people should self-quarantine

"Even people who feel mild illness, and aren't sure, should follow self-isolation orders, and their contacts should follow self-quarantine orders."

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MARCH 18, 2020

## State health department pursues strategic approach to testing in face of widespread COVID-19 transmission in Colorado

The State is expanding testing to include a temporary site in Pueblo on Thursday, March 19. The Colorado National Guard and Pueblo Department of Public Health and Environment are supporting these efforts.

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MARCH 17, 2020

## State launches new COVID-19 website

Site features variety of informational resources, including case summary data visualization

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[View All](#)

[Tweets by CDPHE](#)



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1-877-462-2911  
[COHELP@RMPDC.org](mailto:COHELP@RMPDC.org)

## CDPHE Information

Media line (for media only): 303-691-7870

[CDPHE main website](#)

[Colorado Emergency Management](#)

[Register to volunteer](#)

[Help Colorado Now](#) 

[Request a website change](#)

If you have symptoms and think you have been exposed, call a health care provider.

## Follow us

CDPHE   

Colorado Emergency Management  

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