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Department of Public Health & Environment



**COLORADO**  
State Emergency  
Operations Center

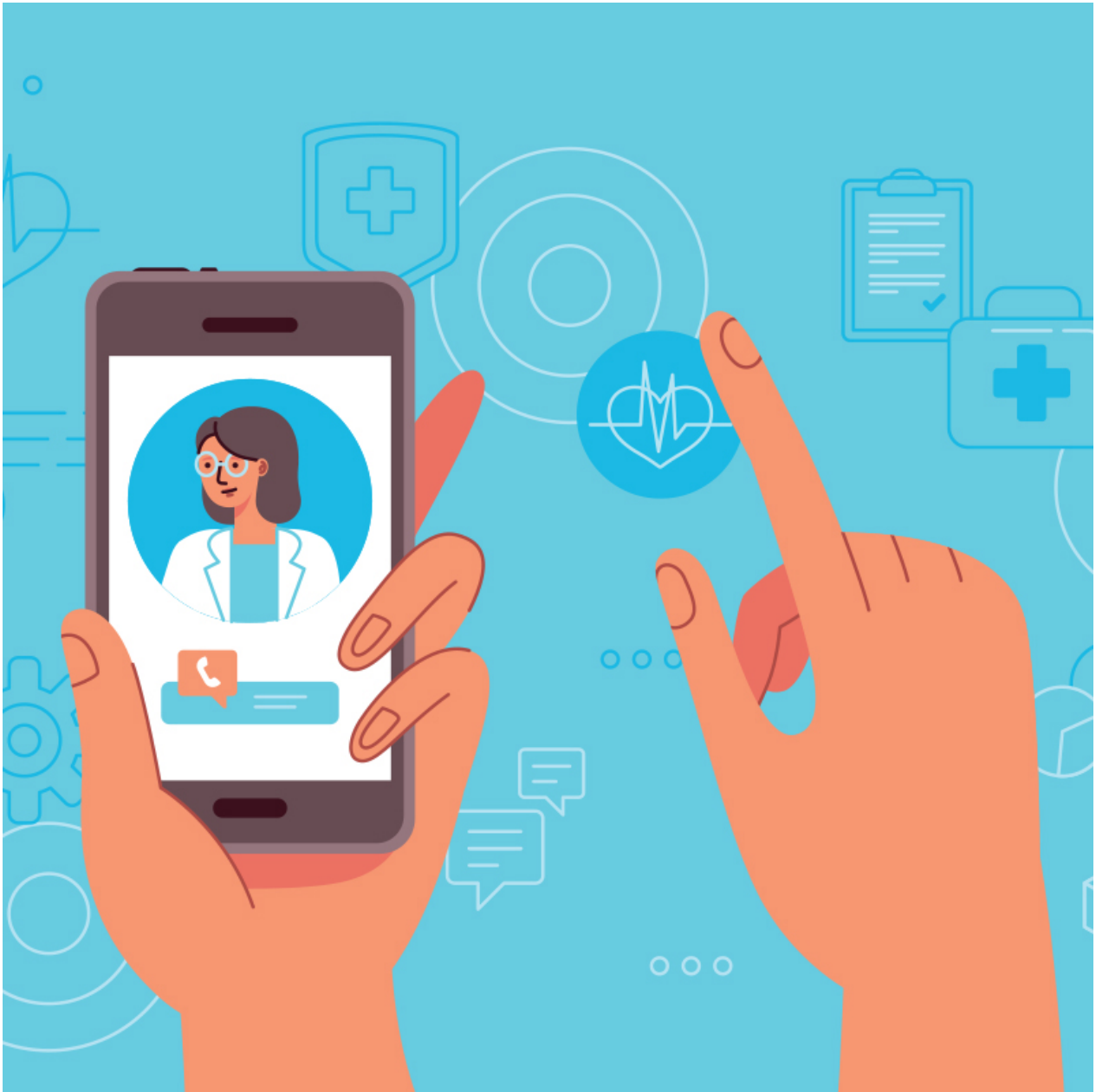
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# Information on the Outbreak of COVID- 19

The Colorado Department of Public Health and Environment is working closely with the Centers for Disease Control and Prevention (CDC), our Local Public Health Agencies (LPHA) and our communities to provide updated information about COVID-19 (Coronavirus Disease 2019).

## The latest

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## Telehealth

### Why should you use telehealth?

If you have COVID-19 symptoms (fever, cough, shortness of breath), consider a telehealth visit or nurseline advice before seeking in-person care.



## High risk populations

What older adults and families need to know about COVID-19

Learn how you can protect Colorado's most vulnerable populations at higher risk for serious illness from COVID-19, including people over age 60 and those with chronic medical conditions.



## Stay-at-home order

What does the Stay-at-Home order mean for you and your business?

The order is intended to minimize contact between people and potentially contaminated surfaces as much as possible to slow the spread of disease, reduce the number of people who become severely ill or die, and protect our health care system.



**Colorado Volunteer Mobilizer (CVM) for Medical and Public Health Professionals.**

Your involvement as a volunteer will help ensure that people or animals affected by a disaster will receive the public health and medical care they need. Registration in the on-line database is your first step in meeting this urgent need within Colorado

and the nation.

[Register to volunteer >](#)



Colorado case summary



Should you call 911?



Do you have symptoms?



How to isolate or quarantine



Stay-at-home order






## Critical business self-certification

### Contact

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#### 2-1-1 Colorado


2-1-1 is a confidential and multilingual service connecting people to vital resources across the state. No matter where you live in Colorado, you can find information about resources in your local community.

 **Call 2-11 or (866) 760-6489**

 **Text your ZIP CODE to 898-211**

#### CO-HELP

Colorado's call line for general questions about COVID-19, provides answers in many languages including English, Spanish (Español), Mandarin (普通话) and more. CO-HELP operators cannot recommend whether or where you get tested, provide medical advice or help you with your prescriptions. They cannot provide testing results. They cannot clear you to go to work. If you are seeking help for anything other than general questions, please try telehealth or health care provider.

 **Call 303-389-1687 or (877)-462-2911**

Looking for information in other languages?

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We have fact sheets and public health guidance available for the following languages:

[Vietnamese](#) 

[Spanish](#) 

[Somali](#) 

[Simplified Chinese](#) 

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[Press releases](#)

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MARCH 30, 2020

## State health department provides update on statewide COVID-19 testing strategy

There are two primary routes to testing in Colorado today.

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MARCH 30, 2020

## State Works to Increase Intensive Care Unit (ICU) Beds Statewide

The Colorado State Emergency Operations Center (SEOC) is working with communities across the state to prepare for an expected major increase in the need for intensive care unit (ICU) beds as a result of COVID-19.

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MARCH 28, 2020

## State health department releases survey results showing attitudes about COVID-19

DENVER, March 28, 2020: The Colorado Department of Public Health and Environment (CDPHE) released results from a survey asking Coloradans about their perceptions and attitudes related to the COVID-19 pandemic. Nearly 45,000 Coloradans completed the survey between March 22 and March 24, 2020.

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[View All](#)

[Tweets by CDPHE](#)

## COVID-19 topics

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- About COVID-19
- Telehealth & nurselines
- Testing
- Prevention & community spread
- Isolation & quarantine
  
- Recommendations for schools, workplaces, & the community
- Frequently asked questions
- Public health & executive orders explained
- Resources for local public health agencies & health care providers
- Colorado COVID-19 public survey results

### Contact

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#### Colorado Crisis Services

We provide free, confidential, professional and immediate support for any mental health, substance use or emotional concern, 24/7/365.

Call 1-844-493-TALK (8255) or text TALK to 38255 to speak to a trained professional.

#### 211 Colorado

2-1-1 is a confidential and multilingual service connecting people to vital resources across the state.

☎️ Call 2-11 or (866) 760-6489   📱 Text your ZIP CODE to 898-211

#### CO-HELP

Colorado's call line for general questions about the novel coronavirus (COVID-19), providing answers in many languages including English, Spanish (Español), Mandarin (普通话) and more.

☎️ Call 303-389-1687 or (877) 462-2911

Media line (for media only): 303-900-2849

[CDPHE main website](#)

[Colorado Emergency Management](#)

[Register to volunteer](#)

[Help Colorado Now](#) 

[Request a website change](#)

If you have symptoms and think you have been exposed, call a health care provider.

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Follow us

CDPHE



Colorado Emergency Management



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Available languages

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[Somali](#) | [中文 \(Simplified Chinese\)](#)



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