



For the latest information on the Coronavirus in Kentucky, please visit www.ky covid19.ky.gov.

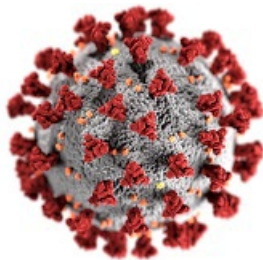
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DEPARTMENT FOR PUBLIC HEALTH

COVID-19

COVID-19 Hotline 1-800-722-5725

PLEASE NOTE: COVID-19 is a reportable disease in Kentucky



The Kentucky Department for Public Health (KDPH) is actively responding to the COVID-19 situation. Our State Health Operations Center is operating at Level 1, its highest activation level. This respiratory disease was first detected in a Kentucky resident on March 6, 2020.

For the latest information and prevention updates, visit the [Centers for Disease Control and Prevention 2019 novel coronavirus site](#)

TEAM KENTUCKY **COVID-19 HEALTH TIPS**

When To Seek Care

To ensure the sickest people receive care, help minimize the spread of infection and maintain resources, please follow the guidelines below when considering whether to seek medical care.

<div style="background-color: #003366; color: white; text-align: center; padding: 5px; margin-bottom: 5px;">Stay home</div> <p>If you are worried-well, please stay home.</p> <p>Going to a hospital or doctor's office adds to a higher concentration of people and further overwhelms medical staff.</p>	<div style="background-color: #003366; color: white; text-align: center; padding: 5px; margin-bottom: 5px;">Call for advice</div> <p>If you are ill, but would not have sought care if not for COVID-19, do not seek care at an ER, hospital or doctor's office.</p> <p>If you want advice, call the Kentucky state hotline (1-800-722-5725) or call your local healthcare provider.</p>	<div style="background-color: #003366; color: white; text-align: center; padding: 5px; margin-bottom: 5px;">Seek care</div> <p>If you are sick and feel you have an emergency, please call your doctor or seek medical care.</p> <p>Hospitals and medical staff across the commonwealth stand ready to serve you.</p>
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Please visit ky covid19.ky.gov for the latest updates on COVID-19 in Kentucky or call the Kentucky state hotline at **1-800-722-5725**

Who is at risk for COVID-19

The current risk for COVID-19 to people in Kentucky is low. Evidence to date indicates those most at risk for becoming ill with COVID-19 are:


- Those in close contact with someone with a confirmed COVID-19 infection, including healthcare workers

and

- Those who have traveled in the past 14 days in countries with ongoing community spread of the virus.


If you have recently traveled outside the country, please check the CDC Travel Health Notices website with its [list of countries with sustained COVID-19 transmission](#).

Travelers returning from one of the countries with community spread of COVID-19 should monitor themselves for fever and other symptoms of COVID-19, including cough and shortness of breath, for 14 days after they return from one of those countries.

If you have developed a fever or respiratory symptoms and believe you have had exposure to a known case or traveled to an area with community spread, isolate yourself from others in your home and contact your healthcare provider or [local health department](#)  to describe your symptoms and any recent travels before you go to the healthcare facility.

Community Guidance

Current recommendations for social distancing in Kentucky as of March 8, 2020 include:

- 1) If you are 60 years old or older and/or have diabetes, heart disease, lung disease, kidney failure or other chronic major medical conditions, we recommend you avoid densely populated community events and consult this [guidance](#).
- 2) We are advising nursing homes and other long-term care facilities to restrict visitors to their facilities and that they consult this [guidance](#) .
- 3) We recommend people actively plan for telework options appropriate for their situation and support all workers/students to stay at home if they are ill.
- 4) Only go to the emergency department for an illness that would have taken you to the hospital BEFORE the COVID-19 outbreak. If you have runny nose, cough, fever or other common respiratory infection symptoms, take Tylenol- or Motrin-like products and stay home from work or school until you are fever-free. If you think you need medical care, please contact your healthcare provider for their instruction OR visit an emergency department if you believe you have an emergency.

This guidance will continue to change as circumstances warrant.

DPH coronavirus updates

**Current as of March 9, 2020 at
6:45 p.m. Eastern time**

Kentucky Coronavirus Monitoring

Number Tested: 34

Positive: 6

Negative: 28

Note: Monitoring data is dynamic and may change over time as more information becomes available.

Community Guidance

[Novel Coronavirus \(COVID-19\) Guidance for Kentucky Counties with Confirmed Cases - March 9, 2020](#) 

[Home Quarantine Guidance - March 8, 2020](#) 

 [Social Distancing for COVID-19 March 7, 2020.pdf](#) 

About COVID-19

[How it spreads](#)

[Symptoms](#)

[Prevention and Treatment](#)

[Stigma and COVID-19](#)

[What to do if you are sick](#)

[Frequently asked questions](#)

Latest Updates

[Cases in the U.S.](#)

[Global locations with COVID-19](#)

[Risk assessment](#)

[CDC in Action: Preparing Communities for Potential Spread of COVID-19](#)

Healthcare Providers and Lab (KDPH)

[Division of Laboratory Services](#)

[COVID-19 Health Advisory Update and Clinical Guidance Feb. 28, 2020](#) 

[Guideline for Conservation of Respiratory Protection Resources Feb. 28, 2020](#) 

[Strategies to Prevent the Spread of COVID-19 in Long Term Care Facilities March 6, 2020](#) 

Healthcare Providers and Laboratories (CDC)

[Update and Interim Guidance on Outbreak of COVID-19](#)

[Evaluating and Reporting Persons Under Investigation](#)

[Interim Infection Prevention and Control - Cases Confirmed or Under Investigation in Healthcare Settings](#)

[Interim Risk Assessment and Public Health Management - Travel-related or community transmission cases](#)

[COVID-19 Risk Assessment and Public Health Management Decision Making Flow Chart](#) 

[Healthcare Infection Prevention and Control FAQs for COVID-19](#)

[Frequently Asked Questions About Personal Protective Equipment](#)

[Strategies for Optimizing Supply of N95 Respirators](#)

[Information for Laboratories](#)

[Interim U.S. Guidance for Risk Assessment and Public Health Management of Healthcare Personnel with Potential Exposure in a Healthcare Setting to Patients with COVID-19](#)

Information for specific public audiences

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[Travelers](#)

[Pregnant women and children](#)

[Businesses](#)

[Schools](#)

[Attending large gatherings and events](#)

[Interim Guidance for Implementing Home Care of People Not Requiring Hospitalization for 2019 Novel Coronavirus \(2019-nCoV\)](#)

Contact Information

Commonwealth of Kentucky

Cabinet for Health and Family Services

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