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KENTUCKY Cabinet *for* Health *and* Family Services

For the latest information on the Coronavirus in Kentucky, please visit<u>www.kycovid19.ky.gov</u>.

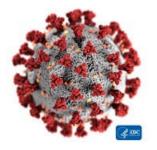
CHFS > Agencies > Department for Public Health > COVID-19

DEPARTMENT FOR PUBLIC HEALTH

COVID-19

# COVID-19 Hotline (800) 722-5725

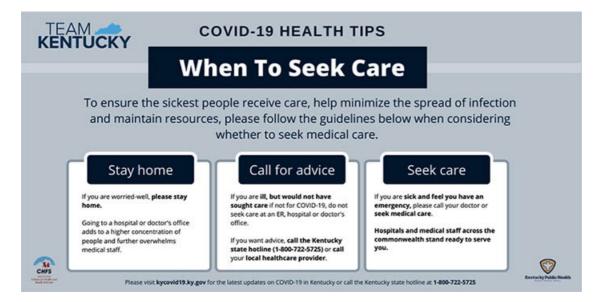
#### Please note: COVID-19 is a reportable disease in Kentucky



The Kentucky Department for Public Health (KDPH) is responding actively to the COVID-19 situation. Our State Health Operations Center is operating at Level 1, its highest activation level. This respiratory disease was first detected in a Kentucky resident on March 6, 2020.

For the latest information and prevention updates, visit the Centers for Disease Control and Prevention 2019 novel coronavirus site

Healthcare providers, laboratories, and local public health professionals, visit the COVID-19 Healthcare Providers and Laboratory Services site for the most current guidance.



## Who is at risk for COVID-19

The current risk for COVID-19 to people in Kentucky is low. Evidence to date indicates those most at risk for becoming ill with COVID-19 are:

• Those in close contact with someone with a confirmed COVID-19 infection, including healthcare workers

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and

• Those who have traveled in the past 14 days incountries with ongoing community spread of the virus.

If you recently have traveled outside the country, please check the list of countries with sustained COVID-19 transmission on the CDC Travel Health Notices website.

Travelers returning from one of the countries with community spread of COVID-19 should monitor themselves for fever and other symptoms of COVID-19, including cough and shortness of breath, for 14 days after they return from one of those countries.

If you have developed a fever or respiratory symptoms and believe you have had exposure to a known case or traveled to an area with community spread, isolate yourself from others in your home and contact your healthcare provider or local health department 🖹 to describe your symptoms and any recent travel before you go to the healthcare facility.

### **Community Guidance**

Current recommendations for social distancing in Kentucky include:

- 1. If you are 60 years old or older and/or have diabetes, heart disease, lung disease, kidney failure or other chronic major medical conditions, we recommend you avoid densely populated community events and consult this CDC guidance.
- 2. Nursing homes and other long-term care facilities are advised to restrict visitors and consult this DPH guidance 🖄
- 3. Working people, students, employers and schools are advised to plan actively for telework/distance learning options appropriate for their situations and support all workers/students to stay at home if they are ill.
- 4. Only go to the emergency department for an illness that would have taken you to the hospital **before** the COVID-19 outbreak. If you have runny nose, cough, fever or other common respiratory infection symptoms, take Tylenol- or Motrin-like products and stay home from work or school until you are fever-free. If you think you need medical care, please contact your healthcare provider for their instruction or visit an emergency department if you believe you have an emergency.

This guidance will continue to change as circumstances warrant.

Current as of March 10, 2020 at 5:05 p.m. Eastern time

**Kentucky Coronavirus Monitoring** Number Tested: 54 Positive: 8 Negative: 46

**Note:** Monitoring data is dynamic and may change as more information becomes available.

#### **Community Guidance**

Coronavirus (COVID-19) Visitation Guidance for Long-Term Care Facilities - March 10, 2020 🗋

Coronavirus (COVID-19) Guidance for KY Counties with Confirmed Cases 🗋

Home Quarantine Guidance 🗳

Social Distancing for COVID-19 🗋

#### About COVID-19

How it spreads

Symptoms

Prevention and Treatment

Stigma and COVID-19

What to do if you are sick

Frequently asked questions

#### Latest Updates

Cases in the U.S.

Global locations with COVID-19

Risk assessment

CDC in Action: Preparing Communities for Potential Spread of COVID-19

#### Information for specific public audiences

KY State Employees - Protocols for coronavirus (COVID-19) 🗋

Travelers

Pregnant women and children

Businesses

Schools

Attending large gatherings and events

Interim Guidance for Home Care of People Not Requiring Hospitalization for Coronavirus (COVID-19)

## **Contact Information**

Commonwealth of Kentucky Cabinet for Health and Family Services

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