

kycovid19.ky.gov

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COVID-19 Hotline (800) 722-5725

The COVID-19 hotline is a service operated by the healthcare professionals at the KY Poison Control Center who can provide advice and answer questions. Please be patient as we are handling a high volume of calls and want to give everyone the time they deserve. For general information, please review the website prior to calling the hotline. Guidance is being added as it becomes available.



[KYCOVID-19 HOME](#)

[GUIDANCE BY TOPIC](#)

[HEALTHCARE PROVIDERS](#)

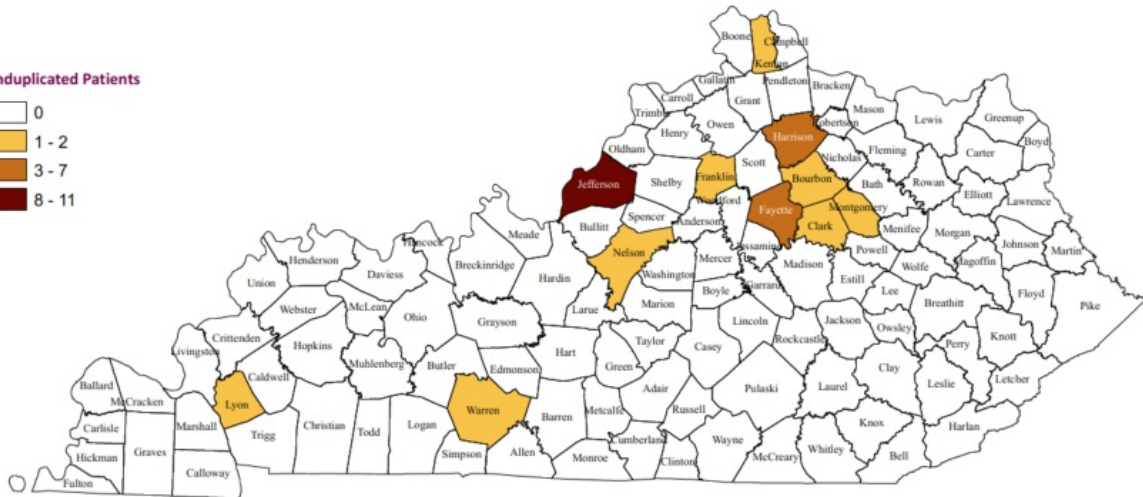
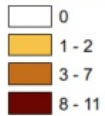
Please note: COVID-19 is a reportable disease in Kentucky

21.8k
Shares



Patients Tested Positive for COVID-19 in Kentucky

Unduplicated Patients

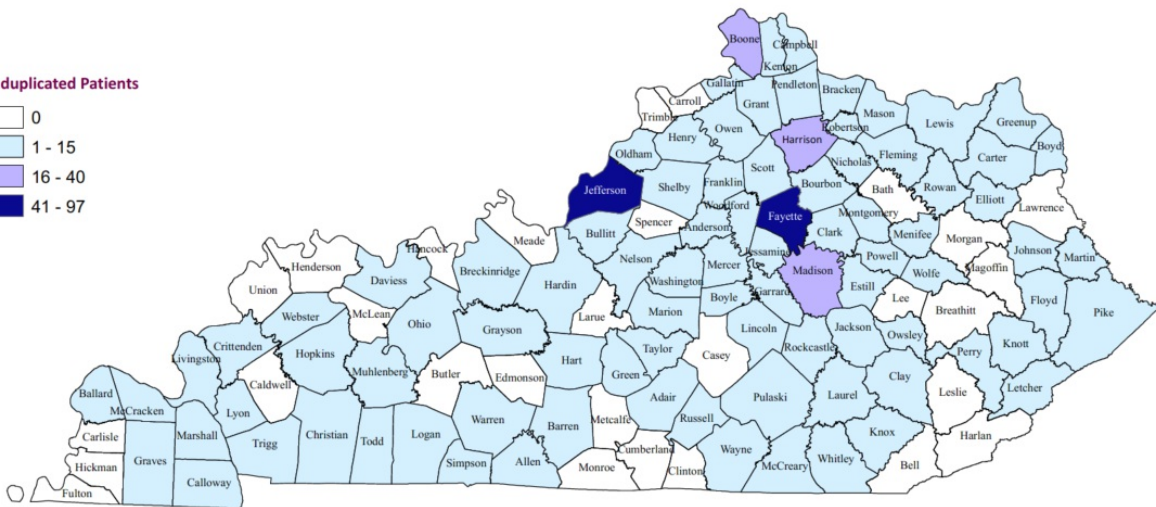
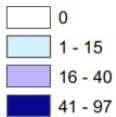


Statewide Count: 35

Date of Report: March 18, 2020 (5:00 PM EST)
Data Source: Kentucky Department for Public Health

Where COVID-19 Tests have been Performed in Kentucky

Unduplicated Patients



Statewide Count: 489

Date of Report: March 18, 2020 (4:00 PM EST)
Data Source: Kentucky Department for Public Health



The Kentucky Department for Public Health (KDPH) is responding actively to the COVID-19 situation. Our State Health Operations Center is operating at Level 1, its highest activation level. This respiratory disease was first detected in a Kentucky resident on March 6, 2020.

For the latest information and prevention updates, visit the [Centers for Disease Control and Prevention 2019 novel coronavirus site](https://www.cdc.gov/coronavirus/2019-nCoV/)

Healthcare providers, laboratories, and local public health professionals, visit the

[COVID-19 Healthcare Providers and Laboratory Services site](#) for the most current guidance.

[Gov. Andy Beshear's Communications Office](#) (news releases, other advisories)

[Gov. Andy Beshear's YouTube Channel](#) - all posted news conference videos. You can view livestream events here.

[KDPH YouTube Channel](#) - all KDPH-produced video

TEAM KENTUCKY **COVID-19 HEALTH TIPS**

When To Seek Care

To ensure the sickest people receive care, help minimize the spread of infection and maintain resources, please follow the guidelines below when considering whether to seek medical care.

Stay home	Call for advice	Seek care
<p>If you are worried-well, please stay home or call the Kentucky State Hotline (1-800-722-5725).</p> <p>Going to a hospital or doctor's office adds to a higher concentration of people and further overwhelms medical staff.</p>	<p>If you are ill, but would not have sought care if not for COVID-19, do not seek in-person care at an ER, hospital or doctor's office.</p> <p>Instead please call your local healthcare provider or local health department.</p>	<p>If you are sick and feel you have an emergency, please call your doctor or seek medical care.</p> <p>Hospitals and medical staff across the commonwealth stand ready to serve you.</p>

Please visit [kycovid19.ky.gov](https://www.kycovid19.ky.gov) for the latest updates on COVID-19 in Kentucky or call the Kentucky state hotline at **1-800-722-5725**

CHFS Kentucky Center for Health and Health Services | Kentucky Public Health

If you have developed a fever or respiratory symptoms and believe you have had exposure to a known case or traveled to an area with community spread, isolate yourself from others in your home and contact your healthcare provider or [local health department](#) to describe your symptoms and any recent travel before you go to the healthcare facility.

Mental Health and Relieving Anxiety

Uncertainty leads to anxiety. Follow these tips to maintain your mental health & reduce anxiety. Please seek professional help if needed. For more information, visit the CDC guidance for [managing anxiety and stress](#).

COVID-19 HEALTH TIPS

Mental Health & Relieving Anxiety

Stay informed with reliable sources such as kycovid19.ky.gov, [cdc.gov](https://www.cdc.gov), [@GovAndyBeshear](https://twitter.com/GovAndyBeshear) & [Facebook.com/GovAndyBeshear](https://www.facebook.com/GovAndyBeshear)

Preserve daily routines as much as possible

Take a break from social media and news and don't overexpose yourself to too much information



Maintain a healthy diet, engage in regular **exercise** and get enough **sleep**

Take advantage of **outdoor activities** while still maintaining **social distancing**

Do not isolate, connect with others through appropriate **social distancing** or **virtual opportunities**

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Community Guidance

Social distancing is key to keeping Kentuckians safe. It is essential that Kentuckians participate in the following social distancing activities:

- It is advised that all community gatherings be cancelled
- All 172 school districts, the Kentucky School for the Blind and Kentucky School for the Deaf will close
- Avoid all non-essential travel. Do not fly. Do not participate in cruise travel.
- Recommend the temporary closure of senior centers to help halt the spread of the virus for those most vulnerable
- All state prisons are closed to visitors
- Recommend businesses to utilize telecommuting and allow employees to work from home if possible
- State boards and commissions have canceled any scheduled in-person meetings and instead will use video teleconference technology
- Hospitals are asked to cease elective procedures

This guidance will continue to change as circumstances warrant.

KDPH Updates

What to do if you are sick

Flattening the curve

Current as of March 18, 2020 at 5 p.m. Eastern time

Kentucky Coronavirus Monitoring

Number Tested: 489

Positive: 35

Note: Data include both confirmed and presumptive cases of COVID-19 reported to KDPH at 5 p.m. Eastern time daily.

Kentucky's Response to COVID-19

[COVID-19 Related Actions taken by Gov. Andy Beshear](#)

[Order- Outlining Specific Steps for Public-facing Businesses](#)

[Memo- Amended Cancellation of In-Person Services to the Public](#)

[Order- Restaurant and Bar Closures](#)

[Guidance for Limiting In-person Services at Family Support Offices](#)

[Recommendations for Kentucky Senior Centers](#)

[FMCSA Emergency Declaration- March 13, 2020](#)

[Guidance for Kentucky Community- and Faith- Based Organizations](#)

[Novel Coronavirus \(COVID-19\) Guidance for Kentucky Residents](#)

[Coronavirus \(COVID-19\) Guidance for Correctional Facilities](#)

[Coronavirus \(COVID-19\) Visitation Guidance for Long-Term Care Facilities](#)

[Self Isolation and Home Quarantine Guidance](#)

[Social Distancing for COVID-19](#)

[KY State Employees - Protocols for coronavirus \(COVID-19\)](#)

[Kentucky Department of Education COVID-19](#)

Resources

[Do not enter if sick sign](#)

[Do not enter if sick sign - Spanish](#)

Updated on March 18th, 2020 06:31PM

Cabinet for Health and Family Services

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