

CALL FOR AN APPOINTMENT | 800.922.0000

## CORONAVIRUS (COVID-19)

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Nebraska Medicine and the University of Nebraska Medical Center have led the world in treatment, training and quarantine methods for highly infectious diseases since caring for patients during the 2014 Ebola outbreak.

## EXPERIENCING SYMPTOMS?

- If you are experiencing respiratory illness symptoms like:
  - Cough
  - Congestion
  - Sore throat
  - Fever
- And you **have not recently traveled to an area with widespread outbreak**, and you **have not had close contact with a person known to have COVID-19**, at this time the best guidance is to stay home, get plenty of rest, drink fluids and take pain and fever medications like acetaminophen or ibuprofen.
- If you **have recently traveled to an area with widespread outbreak** or **had close contact with a person known to have COVID-19**, call **402.559.0041** prior to making a clinic appointment, visiting an Immediate Care Clinic or the emergency room. Our staff will provide screening evaluation and recommendation on next steps. If you are not a Nebraska Medicine patient, you are encouraged to call your local primary care provider for guidance.

## Community information ►

Our infectious diseases experts answer common questions about COVID-19

## Health care provider resources ►

COVID-19 resources for providers, including screening and PPE protocols

Explore our patient and provider stories

5 ways to treat your chapped hands

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[Video] On the testing shortage: Help us help you

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Daily coronavirus update

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