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☰ COVID-19

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COVID-19 Info Line

☎ 401-222-8022
 (Mon-Fri 8:30am-4:30pm) or
 ✉ RIDOH.COVID19Questions

After hours: Call 211

[Information for Healthcare Providers](#)

Resources

Factsheets

- 🌿 [10 things you can do to manage your health at home](#)
- 🌿 [Department of Labor and Training: Workplace Fact Sheet](#)

- ✚ Did you lose your health coverage?
- ✚ NJDOH: Isolation vs. Quarantine (English) (Spanish)
- ✚ Novel Coronavirus (English) (Spanish)
- ✚ Share Facts About COVID-19
- ✚ What to do if you are sick with COVID-19

Guidelines

- ✚ 15 Days to Slow The Spread
- ✚ Coronavirus (COVID-19) Guidance for Athletic Administrators & Coaches in School & After-School Programs
- ✚ COVID-19 Preparedness and Response
Interim Guidance for Large Events
- ✚ Tips for Families: Coping with Stress from COVID-19

Guides

- ✚ Parent/Caregiver Guide to Helping Families Cope With the Coronavirus Disease 2019 (COVID-19)
- ✚ RIGCD COVID-19 Resource Guide

Instructions

- ✚ Implementation of Mitigation Strategies for Communities with Local COVID-19 Transmission (3/11/20 RI risk level is minimal to moderate)
- ✚ RI Office of the Health Insurance Commissioner & Medicaid Program Instructions COVID-19 State of Emergency
- ✚ Specimen Collection Kit Instructions for 2019 Novel Coronavirus (COVID-19)

Notices

- ✚ Pharmacies Offering Delivery of Medications

Other Languages

- ✚ Nouveau Coronavirus de 2019 (COVID-19 French)
- ✚ Nouvo Kowonaviris 2019 (COVID-19 Haitian Creole)
- ✚ Novel Coronavirus 2019 (COVID-19 Chinese)
- ✚ Novo coronavírus 2019 (COVID-19 Portuguese)
- ✚ Stop the Spread of Germs (Chinese)
- ✚ NJDOH: Isolation vs. Quarantine (Chinese)

Podcast

- ✚ What we know about coronavirus with Dr. Philip Chan, Associate Professor, Brown University

Posters

- ✚ Stop the Spread of Germs (English) (Spanish)
- ✚ Viruses Don't Discriminate

Other Languages

- ✚ Stop the Spread of Germs: Other Languages

Video

- ✚ Press Conference Videos

Web Pages

- ✚ City of Providence, COVID-19 Information
- ✚ Coronavirus 2019 Information: National LGBT Cancer Network(2020)
- ✚ COVID-19 Global Cases Map

COVID-19 Press Releases



03/23/2020 18:00 EDT

[Governor, Dr. Alexander-Scott Announce Domestic Travel Restrictions, New Primary Date](#)

03/22/2020 17:45 EDT

[Governor, RIDOH Provide Updates on State Actions During COVID-19 Crisis](#)

03/21/2020 18:00 EDT

[Governor, Dr. Alexander-Scott Provide Updates on State Regulations During COVID-19 Crisis](#)

03/20/2020 18:30 EDT

[Governor Activates National Guard, Extends Rhode Island Tax Filing Deadline Ten additional cases of COVID-19 in Rhode Island](#)

[More+](#)

Coronavirus Disease 2019 (COVID-19)

Coronavirus Disease 2019 (COVID-19) is a virus strain that has only spread in people since December 2019.

For the latest information on Rhode Island specific COVID-19 numbers, [see RIDOH's COVID-19 Disease Data webpage](#).

Someone's risk for COVID-19 is closely tied to their recent travel history, and the travel histories of their immediate contacts — specifically, travel to [areas with community transmission](#) of COVID-19 or close contact with a person confirmed to have COVID-19. Remember that interaction with someone who had contact with someone who has confirmed COVID-19 does not pose a risk if that contact is not sick. One of the most important messages for us to remember is that someone's nationality alone is *not* a risk factor for COVID-19.

General guidance and information

- If you have traveled anywhere internationally in the last 14 days, self-quarantine for 14 days. That means do not go to work or school and stay at home.
- Avoid all crowded places, large events, and mass gatherings. However, people should continue doing essential errands (such as going to the grocery store).
- Through March 30th, there will be no on-site food consumption for restaurants, bars, coffee shops, or other food establishments in Rhode Island. (Establishments with a food license can continue to conduct pick-up, drive-thru and delivery only.)
- Whenever possible, avoid close personal contact with people in public. When greeting people avoid handshakes and hugs.
- [15 DAYS TO SLOW THE SPREAD](#)

Medical and Quarantine Information

- To prevent infection with COVID-19, the CDC recommends **frequent handwashing with soap and warm water; coughing and sneezing into your elbow or a tissue; avoid touching mouth, nose, and eyes; and if you are sick, stay at home.** [MORE](#)
- There are many respiratory illnesses circulating in Rhode Island, such as the flu and the common cold. Having respiratory symptoms does not mean that you have COVID-19. People are at higher risk for COVID-19 if they have symptoms of COVID-19 (cough, fever, shortness of breath) AND if they were a contact of a confirmed positive case of COVID-19 (or have traveled to [country with community transmission](#)).

- Someone is considered a contact if they have had direct, face-to-face contact with a person with COVID-19. Testing can only be done on individuals who have symptoms that are consistent with COVID-19 and who have had contact with a confirmed case of COVID-19 or travel history to a [country with ongoing community spread of COVID-19](#). Testing individuals with no symptoms or history of travel is not recommended by CDC.
- If you are subject to [self-quarantine](#) that means:
 - Stay home.
 - Do not go to work, school, or public areas.
 - Do not use public transportation.
 - Separate yourself from other people in your home. As much as possible, you should stay in a different room from other people in your home. Also, you should use a separate bathroom, if available.
- **People who think they have COVID-19 should call their healthcare provider. These people should NOT go directly to a healthcare facility without calling a healthcare provider (unless they are experiencing a medical emergency).**

People with general questions about COVID-19 can call [☎ 401-222-8022](tel:401-222-8022).

Please see [UPDATED INFORMATION FROM CDC](#) (this may take a moment to load). For answers to frequently asked questions, please read the [RIDOH/CDC fact sheet](#).

Publications & Resources

[For Businesses +](#)

[For Care givers +](#)

[For Chronic Condition Patients +](#)

[For Educators and Trainers +](#)

[For Employees +](#)

[For Employers +](#)

[For Health Plans +](#)

[For Healthcare Administrators +](#)

[For Healthcare Providers +](#)

[For Healthcare Workers +](#)

[For Laboratorians +](#)

[For Long Term or Residential Care Managers +](#)

[For Parents +](#)

[For Patients and Caregivers +](#)

[For Public +](#)

[For Public Health Professionals +](#)

[For School Administrators +](#)

[For School Nurses +](#)

CONTACT

Department of Health

3 Capitol Hill
Providence, RI 02908

[Email us](#)

[Directions](#)

 Phone: 401-222-5960

 After Hours Phone: 401-276-8046

RI Relay 711

[Phonebook](#)

OFFICE HOURS

Monday - Friday
8:30 AM - 4:30 PM

[Vital Records 7:30 AM - 3:30 PM](#)

[Food Protection 8:30 AM - 4 PM](#)

[Parking restrictions until 3 PM](#)

PUBLICATIONS CENTER

[Order Materials](#)

OTHER LANGUAGES

[Español](#)

[Português](#)

 [FOR EMPLOYEES](#)

WEBSITE POLICIES

