



Daily Update on Novel Coronavirus (COVID-19) April 10, 2020

New information is in red

Find this update on healthvermont.gov/covid19 by clicking the “See the Latest Update” button.

Please visit and share the Vermont Department of Health’s new COVID-19 web pages, including the new data dashboard for an in-depth picture of COVID-19 activity in Vermont at healthvermont.gov/covid19. Visitors can access the dashboard by clicking on the map of Vermont.

Vermont’s Response

On Friday, April 10, Governor Phil Scott [extended Vermont’s State of Emergency through May 15](#).

All measures, including the Stay Home, Stay Safe order are now in effect until midnight on May 15 (note: schools remain dismissed for in-person instruction through the end of the school year). [Read the press release](#).

Forecasting of COVID-19 cases

Current modeling shows that the mitigation measures have slowed the projected spread of COVID-19, but that the state has not yet hit its peak number of cases. To continue on this path, it is critical that Vermonters continue staying home and making their day to day sacrifices to help save lives.

Universal Testing at Facilities

State officials also announced additional measures to slow the spread of COVID-19 in certain types of group living facilities. When a person tests positive at these facilities, everyone in the facility will be tested. This includes nursing homes, corrections facilities, residential home for those with disabilities, residential treatment centers, assisted living facilities and state psychiatric care facilities.

Travel & Lodging

Residents and non-residents coming to Vermont from outside the state – for anything other than an essential purpose – should [quarantine at home](#) for 14 days. Travel to Vermont by anyone from a COVID-19 “hot spot” is strongly discouraged at this time.

All lodging facilities are currently to be closed except for exemptions when supporting the

state's COVID-19 response. Governor Scott announced on Friday, April 10 that lodging operators may accept reservations for stays and events occurring on June 15 or later.

Volunteering

We still need your help! Please sign up to support the state's COVID-19 response: <https://vermont.gov/volunteer>. Anyone with medical and healthcare skills is directed to the Medical Reserve Corps, and those with other needed skills to a quick registration process to sign up to help.

Have medical supplies to donate? Visit the [COVID-19 Donations site](#).

Case Information

Current COVID-19 Activity in Vermont As of 11:00 a.m. on April 10, 2020

Total cases*	679
Currently hospitalized	32
Hospitalized under investigation	43
Deaths+	24
Total tests	8,657
People being monitored	44
People completed monitoring	781

*Includes testing conducted at the Health Department Laboratory, commercial labs and other public health labs.

+Death occurring in persons known to have COVID-19. Death certificate may be pending.

Hospitalization data is provided by the Vermont Healthcare Emergency Preparedness Coalition and is based on hospitals updating this information as they are able.

Find more information on new data dashboard at healthvermont.gov/covid19 by clicking on the map of Vermont.

Guidance for Vermonters

Who to contact:

- **If you have questions:** Use the [Ask A Question tool](#) on healthvermont.gov and review other FAQs. You can also dial 2-1-1. If you have trouble reaching 2-1-1, dial 1-866-652-4636.
- **If you are sick:** Stay home and contact your health care provider online or by phone. Do not go to the hospital, except in a life-threatening situation.

Testing

The Department of Health continues to test Vermonters with COVID-19 symptoms to help increase contact tracing efforts and prevent the virus from spreading. Vermonters can be tested at hospital locations statewide and health centers in Island Pond, South Hero and Wells River. Additional sites will be opened as the needs are determined.

IMPORTANT: Everyone must have a referral from their provider in order to be tested.

- CALL your health care provider to be evaluated so the provider can determine if you need a test.
- DO NOT go to a testing site without an order from your provider.
- Patients who are NOT experiencing symptoms will not be tested.

Health care providers are encouraged to order a test for patients with symptoms, and can visit healthvermont.gov/covid19-providers for more information.

Wear Cloth Face Coverings Outside the Home

The Health Department recommends that all Vermonters wear cloth face coverings when outside of the home to help slow the spread of COVID-19. This advice is based on new data about how COVID-19 can spread before a person has any symptoms. Learn more in this [fact sheet](#). It includes examples of when to wear one and when you don't need to wear one, as well as how to wear it properly and clean it regularly.

[Watch a video](#) of the U.S. Surgeon General on how to make your own face covering using items around the house.

Enjoy the Outdoors Safely

Spring in Vermont is great – so take the proper precautions and go outside. Just be sure to stay close to home, practice social distancing, choose low-risk activities, respect all signs for closed areas and check regularly for ticks.

For more info visit: <https://fpr.vermont.gov/recreation/outdoor-recreation-and-covid-19> and healthvermont.gov/BeTickSmart

If you are or someone you know is in crisis

Feeling anxious, confused, overwhelmed or powerless is common during an infectious disease outbreak. If you or someone you know needs emotional support: Call the [National Suicide Prevention Lifeline](#) at 1-800-273-8255. Trained helpers are available 24/7. Or text VT to 741741 to talk to someone at the [Crisis Text Line](#). For more information visit healthvermont.gov/suicide.

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