



## Daily Update on Novel Coronavirus (COVID-19) June 24, 2020

New information is in red

Find this update at [healthvermont.gov/covid19](https://healthvermont.gov/covid19) by clicking the “See the Latest Update” button.

Please visit the Vermont Department of Health’s updated COVID-19 web and data pages [healthvermont.gov/covid19](https://healthvermont.gov/covid19).

### Do Your Part to Stop COVID-19 Spread

At a press conference Wednesday, Health Commissioner Mark Levine, MD, said as the state reopens, and as more of us are outside, being active, seeing family and friends, gathering in groups at events like barbecues on the lake, or even at a protest, the risk of transmission does increase.

Dr. Levine encouraged Vermonters to be out and do things, but to choose wisely. “Understand what activity for you, in your particular circumstances, is low risk and what may mean too much risk.”

Even though Vermont is fortunate to currently have a low level of virus circulating in the state, that is not the same as zero.

“The way to stay safe is not through top-down edicts — it must be a people-powered effort,” Dr. Levine said. “And that means taking personal responsibility.”

He thanked Vermonters who are doing their part and acknowledged that behavior change is hard.

He reiterated four tips: Wear face coverings around others if you can, keep 6-feet apart, wash your hands frequently, and stay home when sick.

Dr. Levine also provided an update on three Health Department investigations:

- A community outbreak based in Winooski/Burlington has 114 associated cases
- An employer-based cluster in the Fair Haven region has 12 associated cases
- A family-based cluster in Windham County has no new cases

The Health Department continues to set up testing opportunities to identify any additional cases.

### **Be Counted in the 2020 Census**

Governor Phil Scott urged Vermonters to complete the 2020 Census. Only about half of all Vermonters have responded so far – one of the lowest response rates in the country, he said. Getting an accurate count of Vermont residents is critical to helping ensure we get federal funds allocated in part on population and demographics – funding needed for infrastructure, school lunches, hospitals and more.

“It only takes 5 minutes, and you can do it today,” Gov. Scott said.

Go to [2020census.gov](https://2020census.gov) or call 844-330-2020.

### **Protest Safely and Get Tested**

We support Vermonters engaging in peaceful protests and other civic activities to make their voices heard. Please remember that large gatherings do pose a greater risk for virus exposure.

So please follow universal precautions when you are out – wear a face covering or mask if you can when near others, maintain 6-foot distance, and if you're sick, find actions to make yourself heard from home.

We encourage anyone who is participating in a public action to get tested for COVID-19. Find a pop-up test site near you by visiting [humanresources.vermont.gov/popups](https://humanresources.vermont.gov/popups).

### **Case Information**

Current COVID-19 Activity in Vermont

As of 12 p.m. on June 24, 2020

Total cases*	1,184 (20 new)
Currently hospitalized	4
Hospitalized under investigation	9
Total people recovered	930
Deaths+	56
People tested	59,860
People being monitored	1,230
People completed monitoring	1,296

\*Includes testing conducted at the Health Department Laboratory, commercial labs and other public health labs.

+Death occurring in persons known to have COVID-19. Death certificate may be pending.

Hospitalization data is provided by the Vermont Healthcare Emergency Preparedness Coalition and is based on hospitals updating this information.

Find more information on the data dashboard at [healthvermont.gov/currentactivity](https://healthvermont.gov/currentactivity).

### **COVID-19 Pop-Up Test Sites**

Health Department is continuing to open pop-up sites throughout the state for people who do not have symptoms of COVID-19 to be tested for the virus.

Sites are currently scheduled through July. All clinics operate from 9:00 a.m. to 3:00 p.m.

Find locations and make an appointment at [humanresources.vermont.gov/popups](https://humanresources.vermont.gov/popups). If you do not have access to the internet, you can call 2-1-1 or 802-828-2828 for assistance.

### **Guidance for Vermonters**

- If you are having a medical emergency, call 9-1-1 or go to the hospital.
- If you are having even mild [symptoms of COVID-19](#), call your health care provider.
- Maintain physical distancing of at least 6 feet and [wear a mask when near others](#).
- **Most information is available online:** Visit our [Frequently Asked Questions](#).

### **Traveler Information**

Get the latest info about [travel to Vermont](#), including for quarantining and testing.

Anyone coming to Vermont is strongly encouraged to [sign up for Sara Alert daily symptom check reminders](#).

### **Take Care of Your Emotional and Mental Health**

Concerns about our health and finances during the pandemic, and the unsettled state of national affairs, has left many of us feeling anxious, confused, overwhelmed or powerless.

**If you or someone you know is in crisis or needs emotional support, help is available 24/7:**

- Call your [local mental health crisis line](#)
- Call the [National Suicide Prevention Lifeline](#) at 1-800-273-8255
- Text VT to 741741 to talk with someone at the [Crisis Text Line](#).
- For more information visit [healthvermont.gov/suicide](https://healthvermont.gov/suicide).
- See ways for [Coping with Stress](#).

For more information:

- COVID-19 health information, guidance and case data: [healthvermont.gov/covid19](https://healthvermont.gov/covid19).
- Governor's actions: [governor.vermont.gov/covid19response](https://governor.vermont.gov/covid19response).
- The state's modeling: [dfr.vermont.gov/about-us/covid-19/modeling](https://dfr.vermont.gov/about-us/covid-19/modeling).

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Information for the public can be found at <https://healthvermont.gov/covid19>