Daily Update on Novel Coronavirus (COVID-19)
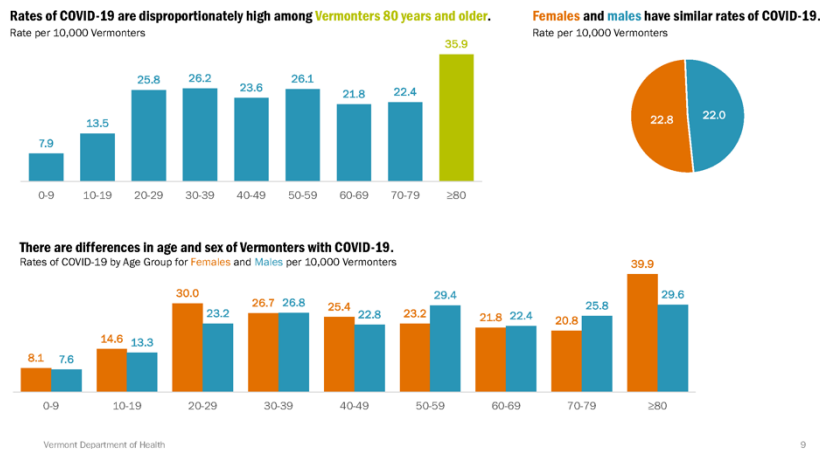# August 3, 2020

New information is in red and bold.

This update is available online at healthvermont.gov/covid19
Click the "See the Latest Update" button.

Please visit the Vermont Department of Health's COVID-19 web and data pages
healthvermont.gov/covid19

Take a deeper dive into COVID-19 data in Vermont

Want to know more about who has been impacted by COVID-19 in Vermont? Learn more about demographics, pre-existing conditions, symptoms, hospitalizations, outbreaks and more. Get more data in the latest Weekly Summary of Vermont COVID-19 Data. Find all the weekly summaries at the same link.

Masks On Vermont

Effective this past Saturday, August 1, people in Vermont are required to wear a face mask or covering in public spaces any time it is not possible to keep a 6-foot distance from others who are not part your household. This includes both indoor and outdoor public spaces and group living settings (for example, long-term care facilities, nursing homes, apartment and condo complexes).

People who are not required to use masks include those exercising vigorously, children under the age of 2, people with a medical or developmental condition that is complicated by a facial covering, and those with difficulty breathing.

With the increase in cases around the country, Vermonters' compliance with mask wearing will make a real difference in our ability to keep the gains we have made, and to prevent the spread of the virus.

Find resources and information about mask wearing, including in multiple languages, at available at healthvermont.gov/covid19.

Case Information
Current COVID-19 Activity in Vermont
As of 12 p.m. on August 3, 2020

Description	Number
Total cases*	1,427 (1 new)
Currently hospitalized	1
Hospitalized under investigation	13
Total people recovered	1,240
Deaths+	57
People tested	97,238
Travelers monitored	1,172
Contacts monitored	29
People completed monitoring	5,417

* Includes testing conducted at the Health Department Laboratory, commercial labs and other public health labs.
+ Death occurring in persons known to have COVID-19. Death certificate may be pending.

Hospitalization data is provided by the Vermont Healthcare Emergency Preparedness Coalition and is based on hospitals updating this information.

Find more at the data dashboard: healthvermont.gov/currentactivity.

Getting Tested for COVID-19
Not everyone needs to be tested for COVID-19. Use CDC's Self-Checker tool to find out if you should be tested.

If you think you may need to get tested, talk with your health care provider, or call 2-1-1 if you don't have a provider and need to be connected to care.

If you do need testing, look for a clinic or pharmacy that offers testing near you, or register at a pop-up location.

- See how to get tested and to make an appointment.

Guidance for Vermonters
- If you are having a medical emergency, call 9-1-1 or go to the hospital.
- If you are having even mild symptoms of COVID-19, call your health care provider.
- Maintain physical distancing of at least 6 feet and wear a mask when near others.
- Get the information you need at our Frequently Asked Questions.

Traveler Information

With case numbers up in states across the country, it is important to have the latest information about travel to Vermont, including about quarantine requirements, testing, and to sign up with Sara Alert for symptom check reminders.

Take Care of Your Emotional and Mental Health
If you or someone you know is in crisis or needs emotional support, help is available 24/7:
- Call your local mental health crisis line.
- Call the National Suicide Prevention Lifeline at 1-800-273-8255.
- Text VT to 741741 to talk with someone at the Crisis Text Line.
- For more information visit healthvermont.gov/suicide.
- Get self-help tips and connect to mental health services at COVID Support VT.
- See ways for Coping with Stress.

For more information:
- COVID-19 health information, guidance and case data: healthvermont.gov/covid19.
- Governor's actions: governor.vermont.gov/covid19response.
- The state's modeling: dfr.vermont.gov/about-us/covid-19/modeling.

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Information for the public can be found at https://healthvermont.gov/covid19