Daily Update on Novel Coronavirus (COVID-19)
August 10, 2020

New information is in red and bold.

This update is available online at healthvermont.gov/covid19
Click the "See the Latest Update" button.

Please visit the Vermont Department of Health's COVID-19 web and data pages
healthvermont.gov/covid19

Stay cool, stay safe... and exercise your right to vote!

Hot weather is in the forecast tomorrow, and it may feel even hotter, with a high heat index and possible thunderstorms.

It's also Primary Election Day in Vermont – so candidates, supporters and poll workers should take extra precautions to stay safe in the heat.

If you are heading to your polling place to vote or turn in your ballot, please remember to wear your mask and keep a safe distance from other voters and volunteers.

For hot weather tips: healthvermont.gov/climate/heat

For election information visit: https://sos.vermont.gov/elections/

New on healthvermont.gov

The latest Weekly Summary of Vermont COVID-19 Data features a spotlight on how long-term care facilities have been impacted and what has been done to support them.

Financial Assistance for Child Care Providers

Governor Phil Scott on Friday announced the launch of a new grant program to help mitigate operational expenses and losses for child care providers impacted by the COVID-19 pandemic. The Operational Relief Grant (ORG) program includes $12 million in federal Coronavirus Relief Funding to help child care programs offset pandemic-related expenses and losses. Grant applications are open now through August 26.

For more information about the grant program, visit: https://dcf.vermont.gov/covid19-relief-grants.

Case Information
Current COVID-19 Activity in Vermont
As of 12 p.m. on August 10, 2020

Description	Number
Total cases*	1,462 (3 new)
Currently hospitalized	0
Hospitalized under investigation	11
Total people recovered	1,282
Deaths+	58
People tested	103,353
Travelers monitored	945
Contacts monitored	31
People completed monitoring	6,040

* Includes testing conducted at the Health Department Laboratory, commercial labs and other public health labs.
\+ Death occurring in persons known to have COVID-19. Death certificate may be pending.

Hospitalization data is provided by the Vermont Healthcare Emergency Preparedness Coalition and is based on hospitals updating this information.

Find more at the data dashboard: healthvermont.gov/currentactivity.

Getting Tested for COVID-19
Not everyone needs to be tested for COVID-19. Use CDC's Self-Checker tool to find out if you should be tested.

If you think you may need to get tested, talk with your health care provider, or call 2-1-1 if you don't have a provider and need to be connected to care.

If you do need testing, look for a clinic or pharmacy that offers testing near you, or register at a pop-up location.

- See how to get tested and to make an appointment.

Guidance for Vermonters

- If you are having a medical emergency, call 9-1-1 or go to the hospital.
- If you are having even mild symptoms of COVID-19, call your health care provider.
- Maintain physical distancing of at least 6 feet and wear a mask when near others.
- Get the information you need at our Frequently Asked Questions.

Traveler Information

With case numbers up in states across the country, it is important to have the latest information about travel to Vermont, including about quarantine requirements, testing, and to sign up with Sara Alert for symptom check reminders.

Take Care of Your Emotional and Mental Health

If you or someone you know is in crisis or needs emotional support, help is available 24/7:
- Call your local mental health crisis line.
- Call the National Suicide Prevention Lifeline at 1-800-273-8255.
- Text VT to 741741 to talk with someone at the Crisis Text Line.
- For more information visit healthvermont.gov/suicide.

Get self-help tips and connect to mental health services at COVID Support VT.
See ways for Coping with Stress.

For more information:
- COVID-19 health information, guidance and case data: healthvermont.gov/covid19
- Governor's actions: governor.vermont.gov/covid19response
- The state's modeling: dfr.vermont.gov/about-us/covid-19/modeling

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Information for the public can be found at https://healthvermont.gov/covid19.