

Daily Update on Novel Coronavirus (COVID-19) August 25, 2020

New information is in red and bold.

This update is available online at healthvermont.gov/covid19 Click the "See the Latest Update" button.

Please visit the Vermont Department of Health's COVID-19 web and data pages healthvermont.gov/covid19

Officials thank school districts for reopening preparation efforts

As schools prepare to open two weeks from today, Governor Phil Scott thanked district leaders for their efforts to ensure teachers, staff, and kids are safe.

"As with everything in this pandemic, there are no easy answers or ideal solutions it takes all of us, pulling in the same direction, getting creative, and staying nimble in order for us to be successful," Gov. Scott said at Tuesday's press conference.

Health Commissioner Mark Levine, MD, added that a recent <u>report from the Centers for</u> <u>Disease Control and Prevention</u> about child care programs in Rhode Island may offer some additional data to support the opening of in person learning.

"The report's major finding was that child care programs that resumed operations at a time of low community spread of coronavirus infection and followed strict protocols that included masking of adults, daily symptom screening, maximum class sizes up to 20, and strict disinfection.... were successful at limiting new infections," Dr. Levine said.

The director of the CDC believes this is further evidence that both child cares and schools can reopen safely, he said.

"I know this is not K-12, and we continue to review and evaluate other related data and science, but it is similar to our Vermont childcare experience and should be reassuring," Dr. Levine.

New on healthvermont.gov

Get the latest data in the new <u>Weekly Summary of Vermont COVID-19 Data</u>. The current spotlight is on county-specific demographics among Vermont residents tested for COVID-19.

Case Information

Current COVID-19 Activity in Vermont As of 12 p.m. on August 25, 2020

| Description | Number |
|----------------------------------|---------|
| Total cases* | 1,572 |
| | (7 new) |
| Currently hospitalized | 3 |
| Hospitalized under investigation | 10 |
| Total people recovered | 1,386 |
| Deaths+ | 58 |
| People tested | 122,078 |
| Travelers monitored | 825 |
| Contacts monitored | 57 |
| People completed monitoring | 7,161 |

^{*} Includes testing conducted at the Health Department Laboratory, commercial labs and other public health labs.

Hospitalization data is provided by the Vermont Healthcare Emergency Preparedness Coalition and is based on hospitals updating this information.

Find more at the data dashboard: healthvermont.gov/currentactivity.

Guidance for Vermonters

- If you are having a medical emergency, call 9-1-1 or go to the hospital.
- If you are having even mild symptoms of COVID-19, call your health care provider.
- Maintain physical distancing of at least 6 feet and wear a mask when near others.
- Get the information you need at our Frequently Asked Questions.

Getting Tested for COVID-19

Wondering if you should get tested for COVID-19? Anyone can get tested, but not everyone *needs* to get tested.

The best way to protect yourself from COVID-19 is to follow a few key prevention tips. If you think you should be tested for COVID-19, talk with your health care provider. (If you don't have one, dial 2-1-1, or contact the nearest <u>federally qualified health center</u> or one of Vermont's <u>free & referral clinics</u>).

⁺ Death occurring in persons known to have COVID-19. Death certificate may be pending.

<u>Visit our testing web page</u> for more guidance on when testing is recommended and where to get tested if you do need it.

Return to School Guidance

Schools: Strong and Healthy Start: Safety and Health Guidance for Vermont Schools

Mental Health: A Strong and Healthy Start: Social, Emotional and Mental Health Supports

During COVID-19

Sports: Fall Sports Programs for the 2020-2021 School Year

Traveler Information

Visit our Travel to Vermont web page for continually updated information and guidance, including about quarantine requirements, testing, and to sign up with Sara Alert for symptom check reminders.

Take Care of Your Emotional and Mental Health

If you or someone you know is in crisis or needs emotional support, help is available 24/7:

- Call your local mental health crisis line.
- Call the National Suicide Prevention Lifeline at 1-800-273-8255.
- Text VT to 741741 to talk with someone at the Crisis Text Line.
- For more information visit healthvermont.gov/suicide.

Get self-help tips and connect to mental health services at COVID Support VT. See ways for Coping with Stress.

For more information:

- COVID-19 health information, guidance and case data: healthvermont.gov/covid19
- Governor's actions: governor.vermont.gov/covid19response
- The state's modeling: dfr.vermont.gov/about-us/covid-19/modeling

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Media Contact: CV19media@vermont.gov

Information for the public can be found at https://healthvermont.gov/covid19.