Daily Update on Novel Coronavirus (COVID-19)
September 1, 2020

New information is in red and bold.

This update is available online at healthvermont.gov/covid19
Click the "See the Latest Update" button.

Please visit the Vermont Department of Health's COVID-19 web and data pages
healthvermont.gov/covid19

Health Commissioner asks Vermonters to Answer the Call of Contact Tracers

Health Commissioner Mark Levine, MD praised the expert work of contact tracers at a press conference Tuesday and asked Vermonters to continue helping them gather critical information to stop the spread of COVID-19.

"Contact tracing is not just a notification system," Dr. Levine said. "It is work that takes care, patience, knowledge and expertise – both medical and in helping people handle news they may not want to hear."

Dr. Levine noted that here in Vermont, 92% of cases are interviewed within 24 hours, likely one of the highest in the nation.

"The credit here goes to our team for their time, expertise and truly impressive commitment, but also to the people of Vermont, who understand the importance of answering the phone when we call, talking to us honestly, and doing everything they can do stop this virus in its tracks," Dr. Levine said.

He also reminded Vermonters that there is no shame in being exposed or contracting the virus.

"If you made a choice to not wear a mask one day, or attended a party where people were not taking precautions, then I ask only that you learn from that and make different choices next time," Dr. Levine said. "And don't let that keep you from working with us to contain spread of the virus."

Rutland County Outbreak Investigation

Dr. Levine said Tuesday the Health Department continues to investigate an outbreak of COVID-19 cases associated with people who attended a private party at the Summit Lodge in Killington on August 19.

To date, the department has identified 14 cases among people who were at the party and among their close contacts – which means the virus has spread to people who were not at the party.

If you attended the Aug. 19 event but have not been in touch with the Health Department – please call 802-863-7240 to make sure you have the information you need to protect yourself and others.

Because it is possible to spread the virus without developing symptoms, people who attended the event should also take steps to limit any possible exposure to others.

If you attended the party – or if you are a close contact of someone who attended – monitor yourself for symptoms of COVID-19. If you have even mild symptoms, contact your health care provider to be tested.

Pop-up testing will be held in Rutland City tomorrow from 9 a.m. to 3 p.m. at our local health office in the Asa Bloomer Building. Registration is required. We are also arranging additional testing opportunities in the area.

Anyone in the greater Killington community should continue to take the same every day steps as all Vermonters: wear a face mask and keep a 6-foot distance from others, wash hands often and well, and stay home when you're sick.

Case Information

Current COVID-19 Activity in Vermont
As of 12 p.m. on September 1, 2020

Description	Number
Total cases*	1,635 (6 new)
Currently hospitalized	2
Hospitalized under investigation	11
Total people recovered	1,432
Deaths+	58
People tested	138,446
Travelers monitored	628
Contacts monitored	75
People completed monitoring	7,656

* Includes testing conducted at the Health Department Laboratory, commercial labs and other public health labs.

+ Death occurring in persons known to have COVID-19. Death certificate may be pending.

Hospitalization data is provided by the Vermont Healthcare Emergency Preparedness Coalition and is based on hospitals updating this information.

Find more at the data dashboard: healthvermont.gov/currentactivity.

Guidance for Vermonters
Get the information you need at our Frequently Asked Questions.
- If you are having a medical emergency, call 9-1-1 or go to the hospital.
- If you think you have symptoms of COVID-19, call your health care provider.
- Maintain physical distancing of at least 6 feet and wear a mask when near others.

Getting Tested for COVID-19
Anyone can get tested, but not everyone *needs* to get tested.

Talk with your health care provider If you think you should be tested for COVID-19.
- If you don't have a provider, dial 2-1-1, or contact the nearest federally qualified health center or one of Vermont's free & referral clinics.

Visit our testing web page for more guidance and where to get tested if you do need it.

Return to School Guidance
Schools: Strong and Healthy Start: Safety and Health Guidance for Vermont Schools
Mental Health: A Strong and Healthy Start: Social, Emotional and Mental Health Supports During COVID-19
Sports: Fall Sports Programs for the 2020-2021 School Year
Find additional resources on our Schools, Colleges and Child Care Programs web page.

Traveler Information
Visit our Travel to Vermont web page for continually updated information and guidance, including about quarantine requirements, testing, and to sign up with Sara Alert for symptom check reminders.

Business Guidance
Visit the Agency of Commerce and Community Development's website for "Work Safe" guidance, which is updated regularly.

Take Care of Your Emotional and Mental Health
If you or someone you know is in crisis or needs emotional support, help is available 24/7:

- Call your local mental health crisis line.
- Call the National Suicide Prevention Lifeline at 1-800-273-8255.
- Text VT to 741741 to talk with someone at the Crisis Text Line.
- For more information visit healthvermont.gov/suicide.

Get self-help tips and connect to mental health services at COVID Support VT.
See ways for Coping with Stress.

For more information:
- COVID-19 health information, guidance and case data: healthvermont.gov/covid19
- Governor's actions: governor.vermont.gov/covid19response
- The state's modeling: dfr.vermont.gov/about-us/covid-19/modeling

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Information for the public can be found at https://healthvermont.gov/covid19.