

Daily Update on Novel Coronavirus (COVID-19) September 2, 2020

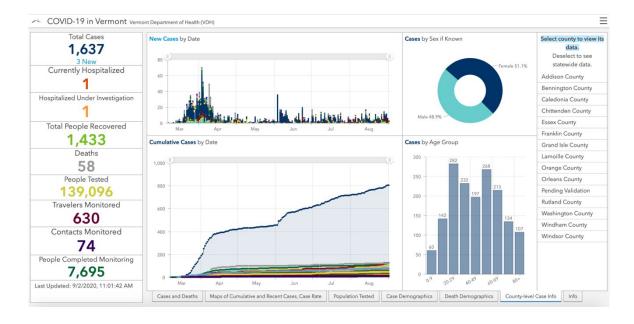
New information is in red and bold.

This update is available online at healthvermont.gov/covid19 Click the "See the Latest Update" button.

Please visit the Vermont Department of Health's COVID-19 web and data pages healthvermont.gov/covid19

New on healthvermont.gov

The Data Dashboard on our <u>Current Activity in Vermont web page</u> has a new look! It also now shows new COVID-19 data broken down by Vermont county. Choose the tab for "County-level Case Info." You can see a graph of new and cumulative cases in each county, as well as breakdowns by age and by sex.



Testing Opportunities in Rutland County

As the Health Department <u>investigates an outbreak</u> of COVID-19 cases in the Killington area, we remind anyone with even mild symptoms to contact their health care provider to be tested.

For anyone *without* symptoms that would like to be tested, additional pop-up testing events have been added. For more info visit healthvermont.gov/covid19testing.

Rutland Regional Medical Center has also opened a second testing location in the upper lot at 160 Allen St., Rutland on Thursday from 9 a.m. to 3 p.m. and Friday from 3 p.m. to 7 p.m. Please call 802-747-1880 to schedule an appointment.

Anyone in the greater Killington community should continue to take the same every day steps as all Vermonters: wear a face mask and keep a 6-foot distance from others, wash hands often and well, and stay home when you're sick.

Case Information

Current COVID-19 Activity in Vermont As of 12 p.m. on September 2, 2020

Description	Number
Total cases*	1,637
	(3 new)
Currently hospitalized	1
Hospitalized under investigation	1
Total people recovered	1,433
Deaths+	58
People tested	139,096
Travelers monitored	630
Contacts monitored	74
People completed monitoring	7,695

^{*} Includes testing conducted at the Health Department Laboratory, commercial labs and other public health labs.

Hospitalization data is provided by the Vermont Healthcare Emergency Preparedness Coalition and is based on hospitals updating this information.

Find more at the data dashboard: healthvermont.gov/currentactivity.

Guidance for Vermonters

⁺ Death occurring in persons known to have COVID-19. Death certificate may be pending.

Get the information you need at our Frequently Asked Questions.

- If you are having a medical emergency, call 9-1-1 or go to the hospital.
- If you think you have symptoms of COVID-19, call your health care provider.
- Maintain physical distancing of at least 6 feet and wear a mask when near others.

Getting Tested for COVID-19

Anyone can get tested, but not everyone *needs* to get tested.

Talk with your health care provider If you think you should be tested for COVID-19.

• If you don't have a provider, dial 2-1-1, or contact the nearest <u>federally qualified</u> <u>health center</u> or one of Vermont's <u>free & referral clinics</u>.

Visit our testing web page for more guidance and where to get tested if you do need it.

Return to School Guidance

Schools: Strong and Healthy Start: Safety and Health Guidance for Vermont Schools

Mental Health: A Strong and Healthy Start: Social, Emotional and Mental Health Supports

During COVID-19

Sports: Fall Sports Programs for the 2020-2021 School Year

Find additional resources on our <u>Schools</u>, <u>Colleges and Child Care Programs web page</u>, including a new document: <u>How PreK-12 Schools Can Prepare for COVID-19 Cases in their School</u>.

Traveler Information

Visit our Travel to Vermont web page for continually updated information and guidance, including about quarantine requirements, testing, and to sign up with Sara Alert for symptom check reminders.

Business Guidance

Visit the <u>Agency of Commerce and Community Development's website</u> for "Work Safe" guidance, which is updated regularly.

Take Care of Your Emotional and Mental Health

If you or someone you know is in crisis or needs emotional support, help is available 24/7:

- Call your local mental health crisis line.
- Call the National Suicide Prevention Lifeline at 1-800-273-8255.
- Text VT to 741741 to talk with someone at the Crisis Text Line.
- For more information visit healthvermont.gov/suicide.

Get self-help tips and connect to mental health services at COVID Support VT. See ways for Coping with Stress.

For more information:

COVID-19 health information, guidance and case data: healthvermont.gov/covid19

- Governor's actions: governor.vermont.gov/covid19response
- The state's modeling: dfr.vermont.gov/about-us/covid-19/modeling

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Information for the public can be found at https://healthvermont.gov/covid19.