



Daily Update on Novel Coronavirus (COVID-19) **September 4, 2020**

There will be no update on Monday – Labor Day

New information is in red and bold.

This update is available online at healthvermont.gov/covid19
Click the “See the Latest Update” button.

Please visit the Vermont Department of Health’s COVID-19 web and data pages
healthvermont.gov/covid19

Be Smart, Stay Safe this Labor Day Weekend

Governor Phil Scott encouraged Vermonters to get outside and enjoy the unofficial end of summer this holiday weekend, and to do so safely.

“Gathering outside, with masks in small numbers is the safest way to celebrate this weekend,” Gov. Scott said. “Staying vigilant is especially important with our K-12 schools opening next week. They need us to keep cases low in our communities. Our low prevalence is what makes it possible for a return to in-person instruction and we do not want to lose any ground.”

Remember to keep 6 feet apart from others, wear a mask in public, wash your hands a lot, and if you’re not feeling well, stay home. Follow [travel and quarantine guidance](#) as well.

Rutland County Outbreak Update

State Epidemiologist Patsy Kelso provided an update Friday about the Health Department’s ongoing investigation of an outbreak of COVID-19 cases in the Killington area tied to a private party.

There are now 17 cases associated with the outbreak, including 11 people who attended the event and six from subsequent transmission, Kelso said. Two of the new cases reported yesterday had already been identified as close contacts, and were in quarantine, preventing further spread.

We've reached 34 of the 49 guests who attended the event. Fifteen of them were out of state residents, and their respective state health departments were notified, Kelso said.

We remind anyone with even mild symptoms to contact their health care provider to be tested. Anyone *without* symptoms that would like to be tested can visit healthvermont.gov/covid19testing for more information.

People in the greater Killington community should continue to take the same every day steps as everyone in Vermont: Wear a face mask, keep a 6-foot distance from others, wash hands often and well, and stay home when you're sick.

New on healthvermont.gov

Vermont's contact tracers have interviewed 96% of people with COVID-19 within 24 hours of receiving the test result. This turnaround time ensures people can isolate themselves quickly and tracers can identify and reach out to anyone who was potentially exposed.

Learn more about how we measure our contact tracing efforts in latest [Weekly Summary of Vermont COVID-19 Data](#), with a spotlight on Contact Tracing.

Case Information

Current COVID-19 Activity in Vermont
As of 12 p.m. on September 4, 2020

Description	Number
Total cases*	1,642 (10 new)
Currently hospitalized	1
Hospitalized under investigation	1
Total people recovered	1,441
Deaths+	58
People tested	142,198
Travelers monitored	595
Contacts monitored	79
People completed monitoring	7,821

* Includes testing conducted at the Health Department Laboratory, commercial labs and other public health labs.

+ Death occurring in persons known to have COVID-19. Death certificate may be pending.

Hospitalization data is provided by the Vermont Healthcare Emergency Preparedness Coalition and is based on hospitals updating this information.

Find more at the data dashboard: healthvermont.gov/currentactivity.

Guidance for Vermonters

Get the information you need at our [Frequently Asked Questions](#).

- If you are having a medical emergency, call 9-1-1 or go to the hospital.
- If you think you have [symptoms of COVID-19](#), call your health care provider.
- Maintain physical distancing of at least 6 feet and [wear a mask when near others](#).

Getting Tested for COVID-19

Anyone can get tested, but not everyone *needs* to get tested.

Talk with your health care provider If you think you should be tested for COVID-19.

- If you don't have a provider, dial 2-1-1, or contact the nearest [federally qualified health center](#) or one of Vermont's [free & referral clinics](#).

[Visit our testing web page](#) for more guidance and where to get tested if you do need it.

Return to School Guidance

Schools: [Strong and Healthy Start: Safety and Health Guidance for Vermont Schools](#)

Mental Health: [A Strong and Healthy Start: Social, Emotional and Mental Health Supports During COVID-19](#)

Sports: [Fall Sports Programs for the 2020-2021 School Year](#)

Child care: [Health Guidance for Child Care and Out of School Care \(updated 8/31\)](#)

Find additional resources on our [Schools, Colleges and Child Care Programs web page](#), including a new document: [How PreK-12 Schools Can Prepare for COVID-19 Cases in their School](#).

Traveler Information

Visit our [Travel to Vermont](#) web page for continually updated information and guidance, including about quarantine requirements, testing, and to [sign up with Sara Alert for symptom check reminders](#).

Business Guidance

Visit the [Agency of Commerce and Community Development's website](#) for "Work Safe" guidance, which is updated regularly.

Take Care of Your Emotional and Mental Health

If you or someone you know is in crisis or needs emotional support, help is available 24/7:

- Call your [local mental health crisis line](#).
- Call the [National Suicide Prevention Lifeline](#) at 1-800-273-8255.
- Text VT to 741741 to talk with someone at the [Crisis Text Line](#).
- For more information visit healthvermont.gov/suicide.

Get self-help tips and connect to mental health services at [COVID Support VT](#).

See ways for [Coping with Stress](#).

For more information:

- COVID-19 health information, guidance and case data: healthvermont.gov/covid19
- Governor's actions: governor.vermont.gov/covid19response
- The state's modeling: dfr.vermont.gov/about-us/covid-19/modeling

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Information for the public can be found at <https://healthvermont.gov/covid19>.