



## Daily Update on Novel Coronavirus (COVID-19) September 9, 2020

New information is in red and bold.

This update is available online at [healthvermont.gov/covid19](https://healthvermont.gov/covid19)  
Click the “See the Latest Update” button.

Please visit the Vermont Department of Health’s COVID-19 web and data pages  
[healthvermont.gov/covid19](https://healthvermont.gov/covid19)

### What to Know About Contact Tracing

- 1) The Health Department’s trained teams are on it! They determine potential exposures and reach out to contacts.
- 2) Contact tracing is not a notification system. A contact tracer determines the epidemiological facts – things like when a person was actually contagious, and then identifying who they may have been within 6 feet of, for at least 15 minutes.
- 3) They ensure the person knows how to isolate or quarantine, answer questions, provide support, and protect patient privacy.
- 4) If you don’t hear from the Health Department, that’s good news. [Learn more.](#)

Vermont’s contact tracers have interviewed 96% of people with COVID-19 within 24 hours of receiving their test result. This turnaround time ensures people can isolate themselves quickly and tracers can identify and reach out to anyone who was potentially exposed – critical to containing outbreaks and further spread of the virus.

Learn more about how we measure our contact tracing efforts in latest [Weekly Summary of Vermont COVID-19 Data](#), with a spotlight on Contact Tracing.

### Case Information

Current COVID-19 Activity in Vermont  
As of 12 p.m. on September 9, 2020

Description	Number
Total cases*	1,656 (2 new)

Currently hospitalized	1
Hospitalized under investigation	4
Total people recovered	1,468
Deaths+	58
People tested	147,170
Travelers monitored	571
Contacts monitored	65
People completed monitoring	8,066

\* Includes testing conducted at the Health Department Laboratory, commercial labs and other public health labs.

+ Death occurring in persons known to have COVID-19. Death certificate may be pending.

Hospitalization data is provided by the Vermont Healthcare Emergency Preparedness Coalition and is based on hospitals updating this information.

Find more at the data dashboard: [healthvermont.gov/currentactivity](https://healthvermont.gov/currentactivity).

### Guidance for Vermonters

Get the information you need at our [Frequently Asked Questions](#).

- If you are having a medical emergency, call 9-1-1 or go to the hospital.
- If you think you have [symptoms of COVID-19](#), call your health care provider.
- Maintain physical distancing of at least 6 feet and [wear a mask when near others](#).

### Getting Tested for COVID-19

Anyone can get tested, but not everyone *needs* to get tested.

Talk with your health care provider if you think you should be tested for COVID-19.

- If you don't have a provider, dial 2-1-1, or contact the nearest [federally qualified health center](#) or one of Vermont's [free & referral clinics](#).

[Visit our testing web page](#) for more guidance and where to get tested if you do need it.

### Return to School Guidance

Schools: [Strong and Healthy Start: Safety and Health Guidance for Vermont Schools](#)

Mental Health: [A Strong and Healthy Start: Social, Emotional and Mental Health Supports During COVID-19](#)

Sports: [Fall Sports Programs for the 2020-2021 School Year](#)

Child care: [Health Guidance for Child Care and Out of School Care](#) (updated 8/31)

Find additional resources on our [Schools, Colleges and Child Care Programs web page](#).

### Traveler Information

Visit our [Travel to Vermont](#) web page for continually updated information and guidance, including about quarantine requirements, testing, and to [sign up with Sara Alert for symptom check reminders](#).

### **Business Guidance**

Visit the [Agency of Commerce and Community Development's website](#) for “Work Safe” guidance.

### **Take Care of Your Emotional and Mental Health**

If you or someone you know is in crisis or needs emotional support, help is available 24/7:

- Call your [local mental health crisis line](#).
- Call the [National Suicide Prevention Lifeline](#) at 1-800-273-8255.
- Text VT to 741741 to talk with someone at the [Crisis Text Line](#).
- For more information visit [healthvermont.gov/suicide](https://healthvermont.gov/suicide).

Get self-help tips and connect to mental health services at [COVID Support VT](#).  
See ways for [Coping with Stress](#).

### **For more information:**

- COVID-19 health information, guidance and case data: [healthvermont.gov/covid19](https://healthvermont.gov/covid19)
- Governor's actions: [governor.vermont.gov/covid19response](https://governor.vermont.gov/covid19response)
- The state's modeling: [dfr.vermont.gov/about-us/covid-19/modeling](https://dfr.vermont.gov/about-us/covid-19/modeling)

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**Media Contact:** [CV19media@vermont.gov](mailto:CV19media@vermont.gov)

Information for the public can be found at <https://healthvermont.gov/covid19>.