



Daily Update on Novel Coronavirus (COVID-19) September 16, 2020

New information is in red and bold.

This update is available online at healthvermont.gov/covid19
Click the “See the Latest Update” button.

Please visit the Vermont Department of Health’s COVID-19 web and data pages
healthvermont.gov/covid19

Make sure your family is prepared for emergencies

September is National Preparedness Month, a good time to make sure we’re ready in case of an emergency or disaster. The coronavirus pandemic puts into perspective just how unpredictable disasters are and how far-reaching their impact can be.

If you don’t have a supplies kit, it’s a good time to make one – including food, water and other essential items to last for several days. Consider your family’s unique needs, such as medications or supplies for pets. If you already have a kit, make sure to add items to protect you and your family from COVID-19, such as face masks and hand sanitizer.

Learn more at ready.gov/kit and cdc.gov/prepyourhealth.

College and University COVID-19 Testing Data

The Department of Financial Regulation’s [School Reopening web page](#) now includes links to each Vermont college and university that is currently maintaining a public dashboard or otherwise publicly maintaining information regarding their COVID-19 testing results.

Case Information

Current COVID-19 Activity in Vermont
As of 12 p.m. on September 16, 2020

Description	Number
Total cases*	1,702 (1 new)

Currently hospitalized	3
Hospitalized under investigation	3
Total people recovered	1,530
Deaths+	58
People tested	152,064
Travelers monitored	453
Contacts monitored	31
People completed monitoring	8,426

* Includes testing conducted at the Health Department Laboratory, commercial labs and other public health labs.

+ Death occurring in persons known to have COVID-19. Death certificate may be pending.

Hospitalization data is provided by the Vermont Healthcare Emergency Preparedness Coalition and is based on hospitals updating this information.

Find more at the data dashboard: healthvermont.gov/currentactivity.

Guidance for Vermonters

Get the information you need at our [Frequently Asked Questions](#).

- If you are having a medical emergency, call 9-1-1 or go to the hospital.
- If you think you have [symptoms of COVID-19](#), call your health care provider.
- Maintain physical distancing of at least 6 feet and [wear a mask when near others](#).

Getting Tested for COVID-19

Anyone can get tested, but not everyone *needs* to get tested.

Talk with your health care provider if you think you should be tested for COVID-19.

- If you don't have a provider, dial 2-1-1, or contact the nearest [federally qualified health center](#) or one of Vermont's [free & referral clinics](#).

[Visit our testing web page](#) for more guidance and where to get tested if you do need it.

Return to School Guidance

Schools: [Strong and Healthy Start: Safety and Health Guidance for Vermont Schools](#)

Mental Health: [A Strong and Healthy Start: Social, Emotional and Mental Health Supports During COVID-19](#)

Sports: [Fall Sports Programs for the 2020-2021 School Year](#)

Child care: [Health Guidance for Child Care and Out of School Care](#)

Find additional resources on our [Schools, Colleges and Child Care Programs web page](#).

Traveler Information

Visit our [Travel to Vermont](#) web page for continually updated information and guidance, including about quarantine requirements, testing, and to [sign up with Sara Alert for symptom check reminders](#).

Business Guidance

Visit the [Agency of Commerce and Community Development's website](#) for “Work Safe” guidance.

Take Care of Your Emotional and Mental Health

If you or someone you know is in crisis or needs emotional support, help is available 24/7:

- Call your [local mental health crisis line](#).
- Call the [National Suicide Prevention Lifeline](#) at 1-800-273-8255.
- Text VT to 741741 to talk with someone at the [Crisis Text Line](#).
- For more information visit healthvermont.gov/suicide.

Get self-help tips and connect to mental health services at [COVID Support VT](#).
See ways for [Coping with Stress](#).

For more information:

- COVID-19 health information, guidance and case data: healthvermont.gov/covid19
- Governor's actions: governor.vermont.gov/covid19response
- The state's modeling: dfr.vermont.gov/about-us/covid-19/modeling

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Media Contact: CV19media@vermont.gov

Information for the public can be found at <https://healthvermont.gov/covid19>.