

Daily Update on Novel Coronavirus (COVID-19) September 24, 2020

New information is in red and bold.

This update is available online at healthvermont.gov/covid19 Click the "See the Latest Update" button.

Please visit the Vermont Department of Health's COVID-19 web and data pages healthvermont.gov/covid19

There's Still Time — Complete the 2020 Census!

The census shapes the future of our communities — informing how billions of dollars in federal funds are distributed for health clinics, school lunch programs, disaster recovery initiatives, and other critical programs and services for the next 10 years.

It's quick and easy, safe and secure, and it's not too late to complete! Fill out your census by September 30th. Go to 2020census.gov or call 844-330-2020.

New on healthvermont.gov

In the newest <u>Weekly Data Summary</u> Spotlight, we focus on Vermont COVID-19 cases among Black, Indigenous and people of color (BIPOC). There is a disproportionate number of BIPOC with COVID-19 in Vermont.

The summary gives you detailed Vermont data about cases among Black, Indigenous and people of color, including rates by county, sex and age. Compare rates of hospitalization, chronic disease and how they may be exposed to COVID-19, with white non-Hispanic people.

Correction: The colors on a pie chart on the slide provided in yesterday's Daily Update (from page 33 of the Weekly Data Summary) were incorrect. There is no change to the data. BIPOC should be represented on the chart as purple, and white non-Hispanic as blue. This has been corrected in the summary available online.

COVID-19 Testing Data for Colleges/Universities and Schools

PreK-12 Schools: A table of School-Based COVID-19 Transmission is now available at healthvermont.gov/currentactivity. The table is updated weekly.

Colleges/Universities: The Department of Financial Regulation's <u>School Reopening web page</u> includes links to each Vermont college and university with information about their COVID-19 testing results.

Case Information

Current COVID-19 Activity in Vermont As of 12 p.m. on September 24, 2020

Description	Number
Total cases*	1,724
	(2 new)
Currently hospitalized	2
Hospitalized under investigation	1
Total people recovered	1,566
Deaths+	58
People tested	158,189
Travelers monitored	452
Contacts monitored	35
People completed monitoring	8,723

^{*} Includes testing conducted at the Health Department Laboratory, commercial labs and other public health labs.

Hospitalization data is provided by the Vermont Healthcare Emergency Preparedness Coalition and is based on hospitals updating this information.

Find more at the data dashboard: healthvermont.gov/currentactivity.

Guidance for Vermonters

Get the information you need at our Frequently Asked Questions.

- If you are having a medical emergency, call 9-1-1 or go to the hospital.
- If you think you have symptoms of COVID-19, call your health care provider.
- Maintain physical distancing of at least 6 feet and wear a mask when near others.

Traveler Information

Visit our Travel to Vermont web page for continually updated information and guidance, including about quarantine requirements, testing, and to sign up with Sara Alert for symptom check reminders.

⁺ Death occurring in persons known to have COVID-19. Death certificate may be pending.

Getting Tested for COVID-19

Anyone can get tested, but not everyone needs to get tested.

Talk with your health care provider If you think you should be tested for COVID-19.

• If you don't have a provider, dial 2-1-1, or contact the nearest <u>federally qualified</u> <u>health center</u> or one of Vermont's <u>free & referral clinics</u>.

Visit our testing web page for more guidance and where to get tested if you do need it.

Return to School Guidance

All schools will be in Step III of the safety and health guidance effective Sept. 26. This allows schools additional flexibility on how to implement the rules. Read the guidance for more details: Strong and Healthy Start: Safety and Health Guidance for Vermont Schools

Mental Health: A Strong and Healthy Start: Social, Emotional and Mental Health Supports During COVID-19

Sports: Fall Sports Programs for the 2020-2021 School Year

Child care: Health Guidance for Child Care and Out of School Care

Find additional resources on our Schools, Colleges and Child Care Programs web page.

Business Guidance

Visit the <u>Agency of Commerce and Community Development's website</u> for "Work Safe" guidance.

Take Care of Your Emotional and Mental Health

If you or someone you know is in crisis or needs emotional support, help is available 24/7:

- Call your local mental health crisis line.
- Call the National Suicide Prevention Lifeline at 1-800-273-8255.
- Text VT to 741741 to talk with someone at the Crisis Text Line.
- For more information visit healthvermont.gov/suicide.

Get self-help tips and connect to mental health services at COVID Support VT. See ways for Coping with Stress.

For more information:

- COVID-19 health information, guidance and case data: healthvermont.gov/covid19
- Governor's actions: governor.vermont.gov/covid19response
- The state's modeling: dfr.vermont.gov/about-us/covid-19/modeling

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Information for the public can be found at https://healthvermont.gov/covid19.