

NOVEL CORONAVIRUS (COVID-19)

WHAT YOU NEED TO KNOW NOW

Vermont is now experiencing community spread of COVID-19, which is why everyone is being encouraged to engage in their activities while keeping a safe distance from others – or to stay home when possible. This will help slow the spread of the virus and protect people who are more vulnerable.

If you have symptoms of COVID-19 and mild illness, you can stay home and treat your symptoms. Not everyone needs to be tested. Testing is not treatment and we have limited ability to test.

Newly added to the list of travelers who should stay home and monitor their health for 14 days are people returning from [Chile, Pakistan, Thailand and Turkey](#). See the [full list of countries](#). Call the Health Department at 802-863-7240 for monitoring information. If you have symptoms of fever, cough or difficulty breathing call your health care provider.

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[Hepatitis A and B](#)

Vermont is experiencing a statewide increase of hepatitis A, and Health Commissioner Mark Levine, MD declared an outbreak in mid-January 2020. The Health Department has been offering free hepatitis A vaccine clinics in places that serve high-risk individuals, such as shelters, syringe services programs, and meal sites.

[More](#)

[Lung Injury Associated with E-cigarette Use](#)

The Centers for Disease Control and Prevention (CDC), the Food and Drug Administration (FDA), and state and local health departments, including the Vermont Department of Health, are investigating a multistate outbreak of severe lung injury associated with e-cigarette use.

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