



## COVID-19



- [03/22/2020 Case Count Update](#)
- [03/21/2020 Case Count Update](#)
- [03/17/2020 Case Count Update](#)
- [03/13/2020 Case Count Update](#)

### 2019 Novel Coronavirus (COVID-19) in Jefferson County, WA

Total Positives (confirmed cases)	8
In-County Exposure	2
Presumed Out-of-County Exposure	6
Negative	162
Test Results Pending	211
Total Patients Tested	381

\*Last results received 3/23/2020. We are working with Jefferson Healthcare and other labs to provide the test result data. Last Updated: 3/23/2020 at 3:11 P.M.

### Press Releases

- [03/15/2020 Update \(Updated\)](#)



If you have these symptoms, please call the  
**Jefferson Healthcare COVID-19 Nurse Hotline**  
 to avoid an unnecessary trip to the hospital:

**360-344-3094**

More info:  
[JeffersonHealthcare.org](https://JeffersonHealthcare.org)

Jefferson  
 Healthcare

[03/17/2020](#))

- [03/15/2020 Update](#)
- [03/06/2020 Update](#)
- [03/03/2020 Update](#)
- [02/07/2020 Update](#)

## COVID-19 Testing

For more information go to [Jefferson Healthcare](#).



## Board of County Commissioner Meetings with COVID-19 Updates

Starting Monday, March 16 at **9:45 a.m.**, Dr. Tom Locke, Public Health Officer for Jefferson County, will be giving regular public updates about COVID-19 during the County Commissioner's weekly meetings. (If Dr. Locke has a conflict, Public Health will provide the briefing on his behalf). The COVID-19 Updates are live-streamed for viewing on the internet, and also are recorded for on-line viewing on demand anytime thereafter.

To see live or recorded videos of the Board of County Commissioners' meeting including Dr. Locke's 9:45 a.m. update, go to [www.co.jefferson.wa.us](http://www.co.jefferson.wa.us) and click on "Videos of Meetings" on the lower left side of the screen. Choose "Streaming Live" or "Recorded."



Listen to KPTZ's March 16th Podcast between KPTZ News Director, Steve Evans, and Jefferson County Health Officer, Dr. Tom Locke

## Exposure Concerns?

[What to do if you have confirmed or suspected coronavirus disease \(COVID-19\) \(PDF\)](#)

[What to do if you were potentially exposed to someone with confirmed coronavirus disease \(COVID-19\) \(PDF\)](#)

[What to do if you have symptoms of coronavirus disease 2019 \(COVID-19\) and have not been around anyone who has been diagnosed with COVID-19 \(PDF\)](#)

## Resources & Recommendations

- WA State Department of Health:  
<https://www.doh.wa.gov/Emergencies/Coronavirus>
- [Printable COVID-19 Fact Sheet \(PDF\)](#)
  - [Printable COVID-19 Fact Sheet in Spanish \(PDF\)](#)

- Other counties
  - King County: [kingcounty.gov/COVID](http://kingcounty.gov/COVID)
  - Kitsap County: <https://kitsappublichealth.org/>
- Centers for Disease Control and Prevention: [cdc.gov/coronavirus/2019-ncov](https://cdc.gov/coronavirus/2019-ncov)
- For general questions about COVID-19 or Washington State's response, please call 2-1-1.
- [Food Worker and Establishment Guidance on COVID-19](#)
- Governor Inslee's Proclamation Concerning Business Closures  
  
<https://www.governor.wa.gov/sites/default/files/proclamations/20-13%20Coronavirus%20Restaurants-Bars%20%28tmp%29.pdf>
- [Workplace and Employers](#)
  - Including when employees should get tested
- [Communities and Community Organizations](#)
- [Persons Who are at Higher Risk for Serious Illness](#)
- [Senior Centers](#)
- [Resources for Healthcare Providers](#)
- [Resources for long term care providers](#)
- [Resources for schools](#)

## Our Current Recommendations

1. **Do not go to the emergency room unless it is essential.** Emergency rooms need to be able to serve those with the most critical needs. If you are experiencing symptoms like cough, fever, and other respiratory problems, contact your regular health care provider for advice. In many cases, you will not need to be seen and home self-care will be your best option.
2. Stay home if you are sick. Children should not be sent to school; adults should not go to work if they are ill.
3. Practice optimal person hygiene habits, including coughing into tissue or the elbow and avoidance of touching your eyes, nose, or mouth unless your hands are freshly washed or sanitized. Washing your hands before touching and eating food is also important.
4. Stay away from people who are ill, especially if you are 60 years of age or older or have an underlying health condition such as diabetes, heart disease, lung disease, or a weakened immune system.
5. Stay informed. Information is changing frequently. Check the Jefferson Public Health Website ([Jeffersoncountypublichealth.org](http://Jeffersoncountypublichealth.org)), Washington State Department of Health ([doh.wa.gov](http://doh.wa.gov)), and Public Health-Seattle King County ([kingcounty.gov/COVID](http://kingcounty.gov/COVID)) on a daily basis for updates.

## Talking to Children about COVID-19

### **When to seek medical evaluation and advice**

If you have symptoms like cough, fever, or other respiratory problems, call your healthcare provider. Isolate yourself and wear a mask before leaving the house. Do not go to the emergency room. Emergency rooms need to be able to serve those with the most critical needs.

## Having Symptoms?

**If you are having a medical  
emergency, call 9-1-1.**

## Business Resources

[Additional Information](#)

[Frequently Asked Questions About COVID-19](#)

[COVID-19 Testing](#)

[Having Symptoms?](#)

[Parent Resources](#)

[Business Resources](#)

Health Insurance Information

Social Distancing

COVID-19 and Environmental Public Health







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4:30pm

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