

Many King County buildings are closed to the public, and many services are being offered remotely. Learn more about changes and cancellations. >



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## Coronavirus Disease 2019 (COVID-19)



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### **In King County, we all must take urgent action to minimize the health impacts of COVID-19:**

- A health order has been issued to curtail the amount of face-to-face interaction. This includes a prohibition on all events with 50 or more people and [health requirements to hold smaller gatherings](#). Many social and recreational [services must temporarily close](#) and [restaurants may not offer dine-in services](#).
- Avoid close contact with others as much as possible.
- Wash your hands frequently and don't touch your face. These simple actions are among the most effective to avoid illness.

## Guidance for people who have or think they have COVID-19

- [What to do if you have confirmed or suspected coronavirus disease \(COVID-19\)](#) (PDF)
- [What to do if you were potentially exposed to someone with confirmed coronavirus disease \(COVID-19\)](#) (PDF)
- [What to do if you have symptoms of coronavirus disease 2019 \(COVID-19\) and have not been around anyone who has been diagnosed with COVID-19](#) (PDF)

 UPDATE: March 20, 2020 at 3:20 pm

### Cases updated March 20, 2020

- Number of confirmed cases: 793
- Number of deaths: 67

*See related press release:*

[Additional testing capacity, adjustments at King County jails, and other COVID-19 updates from Public Health - Seattle & King County for March 20, 2020](#)

- [New limits on large gatherings, other emergency strategies to slow the spread of COVID-19](#)
- Additional updates: [Centers for Disease Control and Prevention \(CDC\)](#) and [Washington State Dept. of Health](#)

### Questions on complying with the Health Officer Order?

The public has been highly accepting of and cooperative with Public Health's actions that are intended to protect the community's health and well-being in King County. The [Local Health Officer Order](#) and the statewide emergency [Proclamation issued March 16th by the Governor](#) are enforceable by law. King County will not be actively searching for violations, and our focus is on helping people understand the importance of social distancing, rather than citations.

If you have specific questions or reports related to this, please email [coronavirus@kingcounty.gov](mailto:coronavirus@kingcounty.gov)

## King County Novel Coronavirus Call Center

- If you are in King County and believe you were exposed to COVID-19—or if you're a healthcare provider with COVID-19 questions—contact our call center between 8 AM to 7 PM PST at 206-477-3977.
- For general questions about COVID-19 in Washington State, please call the Washington State Novel Coronavirus Call Center at 800-525-0127.

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### When to seek medical evaluation and advice

- If you have a cough, fever, or other respiratory problems, speak with your healthcare provider before going to a medical facility. Do not go to an emergency room.
- If you believe you are experiencing life-threatening symptoms, call 9-1-1.

## Resources

 Related Public Health news releases	+
 For the general public	+
 For schools and child care	+
 For workplaces and employers	+
 For community and faith-based organizations	+
 For travelers	+
 For health care professionals	+



 Visit the [Public Health Insider](#) blog for more articles on COVID-19.

Our translated Public Health Recommendations are frequently updated. Please check back regularly.

COVID-19 Public Health recommendations

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Vietnamese/ Tiếng Việt

# WE'RE PROTECTING OUR FAMILIES FROM COVID-19



## In response to Public Health direction, we:

- ✓ Screen caregivers and children daily for fever, cough, and shortness of breath.



- ✓ Ensure sick caregivers and children stay home.



- ✓ Ensure that children and caregivers frequently wash their hands.



- ✓ Clean and sanitize surfaces frequently.



## Please help in protecting our community:

- Check your child's temperature daily.



- Keep children home if they are sick.



- Do not enter the child care if you are sick.



[Signs to print and post](#)

to help grocery stores, restaurants, childcares and event organizers communicate the steps they are taking to minimize risk of COVID-19



[Anti-stigma resources](#)

Last Updated March 12, 2020

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