

Many King County buildings are closed to the public, and many services are being offered remotely. Learn more about changes and cancellations. >



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## Coronavirus Disease 2019 (COVID-19)

[www.kingcounty.gov/covid](http://www.kingcounty.gov/covid)



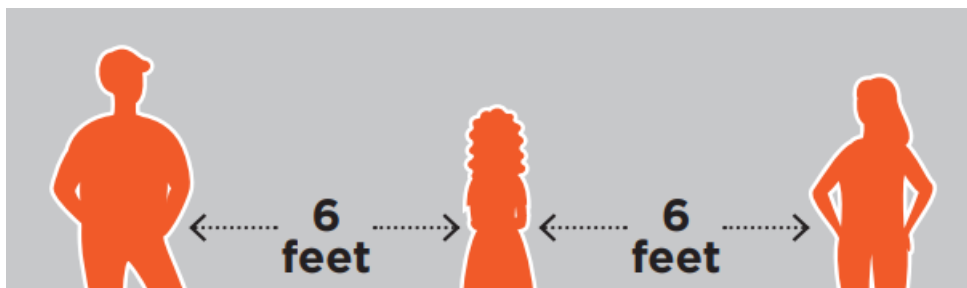
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[Notify Public Health of a confirmed case or potential cluster in a healthcare or social service setting](#)

**Social distancing is the most important thing we can do to fight the pandemic. We all need to work together to slow the spread of COVID-19. You should:**

- Stay at home and avoid all non-essential contact with others.
- Limit trips for groceries, gas and other essentials.
- If you must go out, stay at least 6 feet away from others at all times.






## For people who have or think they have COVID-19

[If you have confirmed or suspected COVID-19](#)

[If you were potentially exposed to someone with confirmed COVID-19](#)

[If you have symptoms of COVID-19 and have not been around anyone who has been diagnosed with COVID-19](#)

 UPDATE: March 22, 2020 at 4:10 pm

### Cases updated March 22, 2020

- **Number of confirmed cases:** 1,040
- **Number of deaths:** 75

*See related press release:*

[Public Health - Seattle & King County COVID-19 update for March 22, 2020](#)

- [New limits on large gatherings, other emergency strategies to slow the spread of COVID-19](#)
- **Additional updates:** [Centers for Disease Control and Prevention \(CDC\)](#) and [Washington State Dept. of Health](#)

### Questions on complying with the Health Officer Order?

The public has been highly accepting of and cooperative with Public Health's actions that are intended to protect the community's health and well-being in King County. The [Local Health Officer Order](#) and the statewide emergency [Proclamation issued March 16th by the Governor](#) are enforceable by law. King County will not be actively searching for violations, and our focus is on helping people understand the importance of social distancing, rather than citations.

If you have specific questions or reports related to this, please email [coronavirus@kingcounty.gov](mailto:coronavirus@kingcounty.gov)

### King County Novel Coronavirus Call Center

- If you are in King County and believe you were exposed to COVID-19—or if you're a healthcare provider with COVID-19 questions—contact our call center between 8 AM to 7 PM PST at 206-477-3977.
- For general questions about COVID-19 in Washington State, please call the Washington State Novel Coronavirus Call Center at 800-525-0127.

### When to seek medical evaluation and advice

- If you have a cough, fever, or other respiratory problems, speak with your healthcare provider before going to a medical facility. Do not go to an emergency room.
- If you believe you are experiencing life-threatening symptoms, call 9-1-1.

## Resources

 Related Public Health news releases



 For the general public



🎓 For schools and child care



🏢 For workplaces and employers



🤝 For community and faith-based organizations



✈️ For travelers



👨‍⚕️ For health care professionals



Introducing SCAN: the greater Seattle Coronavirus Assessment Network

📖 Visit the [Public Health Insider](#) blog for more articles on COVID-19.

Our translated Public Health Recommendations are frequently updated. Please check back regularly.

## COVID-19 Public Health recommendations

Amharic / አማርኛ

Arabic / العربية

Chinese / 中文

Filipino / Tagalog

French / Français

Hindi / हिन्दी

Japanese / 日本語

Khmer / ភាសាខ្មែរ

Korean / 한국어

Marshallese / Kajin Ṃajeṭ

Russian / Русский

Somali / af Soomaali

Spanish / Español





Thai / ภาษาไทย

Vietnamese/ Tiếng Việt




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**WE'RE PROTECTING OUR FAMILIES FROM COVID-19**

**In response to Public Health direction, we:**

- ✓ Screen caregivers and children daily for fever, cough, and shortness of breath. 
- ✓ Ensure sick caregivers and children stay home. 
- ✓ Ensure that children and caregivers frequently wash their hands. 
- ✓ Clean and sanitize surfaces frequently. 

**Please help in protecting our community:**

- Check your child's temperature daily. 
- Keep children home if they are sick. 
- Do not enter the child care if you are sick. 

**Public Health**  
Seattle & King County 

**Signs to print and post**

to help grocery stores, restaurants, childcares and event organizers communicate the steps they are taking to minimize risk of COVID-19

**VIRUSES  
DON'T**



## [Anti-stigma resources](#)

Last Updated March 12, 2020

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