KITSAP PUBLIC HEALTH DISTRICT

Welcome to Kitsap Public Health District

COMMUNITY HEALTH
Protecting and improving the lifelong health of families and communities.

Communicable Diseases
- Diseases & Conditions A-Z
- Hepatitis
- Influenza in Kitsap County
- Rabies
- Travelers' Health

For Healthcare Providers

Health Insurance

Health Services
- Tuberculosis Control
- Syringe Exchange
- HIV/AIDS
  - Information
  - Medical Case Management
  - Syringe Exchange
  - Testing & Counseling
  - Partner Services
  - Madison Clinic
  - WestSoundPoz.com
- Immunizations
- Sexually Transmitted Infections
- Fee Schedule

Live Healthy
- Eat Healthy, Be Active
- Be Tobacco Free
  - Facts and Local Data
  - Helping You Quit
  - Preventing Youth From Starting
  - Second-Hand Smoke
  - SmartQuit™ App to Help You Quit
  - Smoking & Vapor Product Laws
  - Tobacco and the Media
  - Tobacco and Minorities
- Youth Marijuana Prevention and Education Program

Parent-Child Health
- Breastfeeding Resources
- Family & Parenting Resources
- Nurse-Family Partnership (NFP)
- Children with Special Health Care Needs (CSHCN)

NOVEL CORONAVIRUS (COVID-19) RESOURCES AND UPDATES

Updated March 15, 2020

Sign up to receive COVID-19 updates by email or text.

1. Subscription Type
   Email
   *Email Address [   ]

- Printable COVID-19 fact sheet
- Hoja informativa de COVID-19
- COVID-19 overview and updates from the CDC
- COVID-19 updates from the Washington State Department of Health
- COVID-19 information from the World Health Organization
- COVID-19 information hotline: 1-800-525-0127

KITSAP COUNTY UPDATES

- 3/13/2020 UPDATE: South Kitsap resident tests positive for COVID-19
- 3/10/2020 UPDATE: Second positive COVID-19 test reported for Kitsap
- 3/8/2020 UPDATE: First positive COVID-19 test reported for Kitsap
- 3/4/2020 UPDATE: Kitsap residents being tested for COVID-19
- 3/2/2020 UPDATE: Kitsap residents should take steps to prevent spread of COVID-19

COVID-19 TESTING AND RESULTS FOR KITSAP COUNTY

Updated at 2:00 p.m. on 3/15/2020
Results will be updated at 2 p.m. daily, but may be updated more frequently as needed.

Positive Tests: 5

- 3/15/2020: A Bremerton area resident in their 50s
- 3/15/2020: A Central Kitsap resident in their 40s
- 3/13/2020: A South Kitsap resident in their 40s
- 3/10/2020: A Bainbridge Island resident in their 70s
- 3/8/2020: A Bainbridge Island resident in their 60s

Negative Tests: 94

Starting March 11, Kitsap Public Health will only list the total number of positive results and the total number of negative results for Kitsap County reported to the state. We will no longer be reporting total tests submitted. Read an explanation.

Public health officials are responding to an international outbreak of novel coronavirus (COVID-19) that started in China in December 2019.

Public health experts expect the novel coronavirus outbreak will continue to grow globally. More cases are anticipated in the United States and in Washington. Kitsap Public Health is asking all residents to take steps to protect their health and prevent the spread of COVID-19.

What can I do now to protect myself and my family?
Everyone should practice healthy habits to prevent the spread of respiratory illnesses:

- Wash hands often.
- Cover coughs and sneezes with an elbow or tissue.
- Avoid close contact with people who are sick.
- Clean and disinfect frequently used objects and surfaces.
- Stay home when sick and avoid close contact with others.

People who are at higher risk for serious illness, including people with underlying health conditions, older adults, and pregnant women, should avoid crowds as much as possible to reduce close contact with people who are sick. Find more information here.

What should I do if I'm sick?
Symptoms of COVID-19 include fever, cough, and difficulty breathing. Most people who have COVID-19 experience mild illness similar to a cold or flu. Some people are at higher risk of serious illness, people with underlying health conditions, older adults and pregnant women.

If you are sick, you should stay home and rest. If you feel you need medical evaluation, or you are at higher risk of complications, stay home and call your health care provider for guidance.

See the Department of Health's guidelines for people who have symptoms or have been exposed to COVID-19.

COVID-19 Testing
COVID-19 tests must be ordered by health care providers. Kitsap Public Health District does not order tests for patients or provide testing directly.

See the Department of Health website for more information about COVID-19 testing in Washington.

What should I do if I am planning an event?
Events and public gatherings, such as concerts, festivals, sporting events, and religious gatherings create environments where a virus can spread quickly among event workers, participants, and attendees. Please follow this guidance from the state Department of Health if you are planning an event, or are considering modifying or cancelling an event. As of March 10, Kitsap County is considered "Low Risk – Threshold 1" under this guidance.

What should I know if I am returning from international travel or have a trip planned?
Guidance for travelers is changing frequently. Check the CDC's travel page for important updates.

Should I buy a mask?
The CDC and Washington State Department of Health do not recommend healthy people wear masks to prevent respiratory illnesses including COVID-19.

How can I plan for COVID-19?
Kitsap Public Health is not recommending any restrictions on public events or gatherings at this time. However, people who are at higher risk for serious illness, including people with underlying health conditions, older adults and pregnant women, should consider avoiding large gatherings to reduce their risk of getting sick.

If needed, public health may recommend additional prevention strategies in the community, such as alternative work and school arrangements, or cancellation of public events. Kitsap residents should have a plan in case they or their children need to stay home.

Find specific guidance for families, employers and community organizations on the

[Department of Health's website](#).

What is Kitsap Public Health doing?
The Kitsap Public Health District is working closely with the state Department of Health to respond to this rapidly changing situation and help our community prepare. Our activities include:

- Investigating COVID-19 cases in the community
- Providing guidance to local health care providers.
- Coordinating with partner agencies on planning and response.
- Providing updates and guidance to the general public and community organizations.
- Helping returning travelers who are self-monitoring at home.
- Working with the Department of Health to [coordinate COVID-19 testing](#)

REPORT A CONCERN

Report Public Health Concerns:
Monday – Friday, 8:00 a.m. – 4:30 p.m.
360-728-2235

Report a Concern Online

Sign Up for Notifications

PUBLIC HEALTH ADVISORIES

Water Contact Advisories

Food Recalls

Shellfish Advisories

FOR HEALTHCARE PROVIDERS

Notifiable Conditions Report

Kitsap Respiratory Illness Report

Resources

WELLS & SEPTIC

Search for:

• Property Records

• Application & Permit Status

• Septic Maintenance Records

Certified Contractors

Selling Property

HELPFUL LINKS

Birth & Death Certificates

Food Worker Cards

Secure Medicine Return

Public Records Requests

Restaurant Inspection Scores

Pay Food, Pool & Solid Waste Bills

¡Bienvenido a Salud Pública!

NEW Resource Library (links to all brochures)