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Healthy People » Diseases »

# **Human Coronavirus**

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## 17 cases of COVID-19 in Pierce County.

We update this page by 2 p.m. each day with new cases received through 11:59 p.m. the previous day. No new cases were reported as of March 11, 2020.

Updated March 12, 2020 at 1:10 p.m.

Positive Case	March 10
Sex	Male
Age	30s
Residence	Tacoma
Positive Case	March 10
Sex	Female
Age	30s
Residence	Puyallup
Positive Case	March 10
Sex	Male
Age	30s
Residence	Tacoma
Positive Case	March 9
Sex	Female
Age	30s
Residence	Tacoma
Positive Case	March 9
Sex	Female
Age	50s
Residence	University Place
Positive Case	March 9

Sex	Female
Age	60s
Residence	University Place
Positive Case	March 9
Sex	Female
Age	20s
Residence	Tacoma
Positive Case	March 9
Sex	Male
Age	40s
Residence	University Place
Positive Case	March 9
Sex	Male
Age	Under 10
Residence	Tacoma
Positive Case	March 9
Sex	Male
Age	10s
Residence	Tacoma
Positive Case	March 8
Sex	Female
Age	60s
Residence	Gig Harbor area
Positive Case	March 8
Sex	Female
Age	50s
Residence	Puyallup
Positive Case	March 8
Sex	Female
Age	80s
Residence	Tacoma
Positive Case	March 8

Sex	Female
Age	30s
Residence	Lakewood
Positive Case	March 7
Sex	Female
Age	30s
Residence	Tacoma
Positive Case	March 7
Sex	Male
Age	40s
Residence	Tacoma
Positive Case	March 6
Sex	Male
Age	50s
Residence	Puyallup



# **COVID-19 Outbreak**

#### Have questions?

- We have answers.
- Call (800) 525-0127 and press # to reach Washington State Department of Health's call center. The call center is open 6 a.m.-10 p.m. 7 days a week.
- What to do if you:
  - Have suspected or confirmed COVID-19.
  - May have been exposed to someone with COVID-19.
  - Have symptoms but weren't exposed to someone with COVID-19.

#### Stay up to date.

- Check this page often. We update it regularly.
- Sign up for email notifications.
- <u>Track the investigation</u>.

## The risk of COVID-19 in Washington is increasing.

Public health is identifying more cases in the state. This suggests COVID-19 is spreading in Washington.

The Centers for Disease Control and Prevention's <u>travel advisories page</u> has an up to date list of affected areas.

If you visited an affected area in the last 14 days, contact your healthcare provider if you have these symptoms:

- Fever.
- Cough.
- Shortness of breath.

### How likely am I to get COVID-19?

You are more likely to get sick if you have close contact with someone who has COVID-19.



#### What is coronavirus?



Coronavirus is a group of viruses that includes the common cold. If you've ever had a runny nose, cough or sore throat, you've likely had a form of



coronavirus.

Coronaviruses can cause mild illness, like a cold, or severe illness, like pneumonia. Most people with COVID-19 have mild symptoms.

Coronaviruses often spread through:

- Coughs and sneezes.
- Close personal contact.
- Touching your eyes, nose or mouth with unwashed hands.

View this flyer in Korean, Spanish, Chinese, Tagalog, Vietnamese or Russian.

## Limits on large gatherings

On Wednesday, March 11, Gov. Inslee imposed restrictions on large gatherings in Pierce, King, and Snohomish counties through March 31 to limit the spread of COVID-19.

Please cancel gatherings of 250 or more people for social, spiritual and recreational activities including, but not limited to:

- Community.
- Civic.
- Public.
- Leisure.
- Faith-based.
- Sporting events.
- Parades.
- Concerts.
- Festivals.
- Conventions.
- Fundraisers.
- Similar activities.

## How can I protect myself and my family?

- Wash your hands often with soap and water for at least 20 seconds.
- Avoid touching your eyes, nose or mouth with unwashed hands.
- Avoid close contact with sick people.
- Use a tissue or your elbow to cover your mouth and nose when you sneeze or cough. Throw used tissues in the trash and wash your hands.
- Clean and disinfect frequently touched surfaces.
- Stay home and away from others when you're sick.

Cold and flu are out there, too. So far this season, flu has made hundreds of Pierce County people sick and at least a dozen have died. Vaccine is your best protection against the flu. It's not too late to get your flu shot.

See answers to school-related questions on our schools page.

## FAQS

### What is COVID-19?

### Should I plan for COVID-19?

### What are COVID-19 symptoms?

#### How does COVID-19 spread?

Should I wear a mask to protect myself?

Can a person spread the infection if they don't feel sick?

I think I have COVID-19. What should I do?

What is self-monitoring and active-monitoring?

What are quarantine and isolation?

Who should get tested for COVID-19?

What should I consider a fever?

What happens when there is a positive COVID-19 case?

I'm a patient at a hospital. Am I at risk for COVID-19 from other patients?

I was around someone who has COVID-19. What should I do?

What type of cleaning and disinfecting products should I use?

What will happen if COVID-19 spreads in my community?

Can I get COVID-19 from a surface or object?

Should I worry about COVID-19 contamination on my food?

Should I worry about COVID-19 on my mail and packages?

What recommendations can universities, schools, employers and others take to prepare for COVID-19?

Who's testing for COVID-19 in Washington State?

How do test results get from labs to local health agencies?

Will insurance cover costs for testing and treatment for COVID-19?

Where would People Under Investigation (PUIs) be while they wait for results of their tests?

Is there a vaccine for COVID-19?

Does Pierce County have a location where people diagnosed with COVID-19 would be quarantined?

How much does this response cost and who pavs?

I'm concerned and want to learn more. Where can I learn more?

How can I learn about Paid Family and Medical Leave?

How will you make sure people don't gather in large groups?

I have a regularly scheduled doctor or dental appointment. Should I go?

I was in close contact with someone who was in contact with a confirmed COVID-19 case. What should I do?

If I get exposed to COVID-19 or if I get it, am immune now?

#### Resources

- <u>Centers for Disease Control and Prevention.</u>
- Washington State Department of Health.
- Operation Suds handwashing education materials.
- Sign up for email notifications.

