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## How likely am I to get COVID-19?

You are more likely to get sick if you are near an infected person for long periods of time. For example, if the sick person:



Lives with you.



Works closely with you.



Carpools with you.



Is near you in a healthcare facility.



Hangs out with you.



Is in your class.

## Who's more likely to get seriously ill?



Adults aged 60 and older.



People with weakened immune systems from medical conditions or their treatment.

Help prevent the spread of germs if someone near you is sick.  
**Learn steps to stay healthy at [tpchd.org/coronavirus](https://tpchd.org/coronavirus).**

[Healthy People](#) » [Diseases](#) »

## Human Coronavirus

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Frequently Asked Questions



COVID-19 case numbers



Information for Schools and Childcare Providers



Information for Healthcare Providers



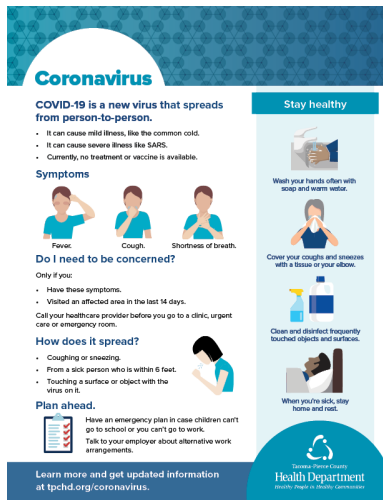
Information for Businesses



Information for Human Services Providers

**NOTE: Some information on this page doesn't reflect the latest guidance from the CDC and the state. We will update it soon.**

## Decisive steps to contain COVID-19.



Your family's health is our top priority as we work to prevent the spread of COVID-19 in Pierce County.

Public health follows a playbook for viral outbreaks.

COVID-19 transmission is widespread in our region. Decisive action is required.

Social distancing and basic hygiene are the best steps you can take to protect yourself.

Gov. Inslee [ordered schools to close for 6 weeks](#) and [canceled gatherings of 250 or more people](#).

View this flyer in [Korean](#), [Spanish](#), [Chinese](#), [Tagalog](#), [Vietnamese](#) or [Russian](#).

## Cases in Pierce County

We confirmed 9 new cases in Pierce County on March 16, bringing our total to 38. The University of Washington virology lab and the state Public Health Laboratories have tested 703 of our residents. You can [learn basic information about each positive case](#).

## Answers to your questions

This outbreak is fluid. Our staff and the Washington State Department of Health are working to answer your questions:

- DOH's call center is open 6 a.m.-10 p.m., 7 days a week. Call (800) 525-0127 and press #.
- For non-health issues like business support, planning or general questions, call 855-722-5378.
- What to do you if you:
  - [Have suspected or confirmed COVID-19](#).
  - [Might have been exposed](#).

- [Have symptoms but weren't around someone who was diagnosed](#).

Our FAQs answer dozens of your most-asked questions. You can find some of our more-asked answers below or [visit our FAQ page for many more](#).

## FAQS

What should I do if an employee or someone I know is being tested?

What are COVID-19 symptoms?

How does COVID-19 spread?

Who should get tested for COVID-19?

What type of cleaning and disinfecting products should I use?

Where can I get tested for COVID-19?

I need to get groceries. Are grocery stores closed?

My event has more than 50 people. Do I have to cancel or reschedule?

Schools are closed and I have to work. Where can I find out information for childcare?

What if an employee tests positive for COVID-19?

What is included in the statewide closure of entertainment, leisure and non-essential services?

## Prevent the spread of COVID-19 in Pierce County



Follow basic steps to prevent the spread of COVID-19:

- Wash your hands with hot water and soap for at least 20 seconds.
- Avoid touching your face, mouth and eyes.
- Stay home if you have a fever or cough or experience shortness of breath.
- Cover sneezes and coughs with your elbow.
- Disinfect frequently used surfaces such as tabletops, doorknobs, bathroom fixtures, mobile devices and keyboards.
- Avoid sharing personal items like water bottles, eating utensils or towels.
- Avoid large social gatherings and crowds.

### Stay up to date

[We offer several ways for you to stay informed:](#)

- Check this page often. We update it regularly.
- [Subscribe to the Your Reliable Source blog](#).
- [Track the statewide investigation](#).
- Follow us on [Facebook](#), [Twitter](#), [Instagram](#) and [YouTube](#).

## Learn more

- [CDC travel advisories page](#).

- [Operation Suds handwashing education materials.](#)
- [Blog: Yes it's still safe to dine out during the COVID-19 outbreak .](#)
- [Blog: Help us protect our most vulnerable populations.](#)
- [Blog: Simple steps to prevent COVID-19.](#)
- [Blog: Social distancing is good right now. Social isolation is not.](#)
- [Blog: Skip the trip to our office—use our online resources instead.](#)
- [Blog: How we investigate COVID-19.](#)



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## Stay Connected



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