#### Tacoma-Pierce County Health Department Healthy People in Healthy Communities

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# Who's more likely How likely am I to get COVID-19? to get seriously ill? You are more likely to get sick if you are near an infected person for long periods of time. For example, if the sick person: Lives with you. Works closely with you. Carpools with you. H H People with **weakened immune systems** from medical conditions or their treatment ls near you in a Hangs out with you. ls in your class. healthcare facility. Help prevent the spread of germs if someone near you is sick. <sup>coma-Pierce County</sup> Health Department Learn steps to stay healthy at tpchd.org/coronavirus.

Healthy People » Diseases »

# **Human Coronavirus**

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Frequently Asked Questions



COVID-19 case numbers



Information for Schools and Childcare Providers



Information for Healthcare Providers



Information for Businesses

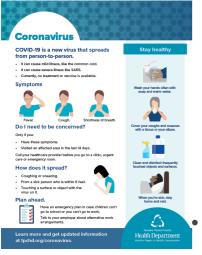


Information for Human Services Providers



Financial Resources

# Decisive steps to contain COVID-19.



Your family's health is our top priority as we work to prevent the spread of COVID-19 in Pierce County.

Public health follows a playbook for viral outbreaks.

COVID-19 transmission is widespread in our region. Decisive action is required.

Social distancing and basic hygiene are the best steps you can take to protect yourself.

Gov. Inslee ordered:

- <u>Closures of bars, restaurants, and other entertainment and recreational</u> <u>facilities</u>.
- Schools to close for 6 weeks.
- <u>Canceled gatherings of 50 or more people</u>

View this flyer in Korean, Spanish, Chinese, Tagalog, Vietnamese or Russian.

## **Cases in Pierce County**

We confirmed 12 new cases in Pierce County on March 18, bringing our total to 56, 1 death. The University of Washington virology lab and the state Public Health Laboratories have tested 1,152 of our residents. You can <u>learn basic information about each positive case.</u>

#### Answers to your questions

This outbreak is fluid. Our staff and the Washington State Department of Health are working to answer your questions:

- DOH's call center is open 6 a.m.-10 p.m., 7 days a week. Call (800) 525-0127 and press #.
- For non-health issues like business support, planning or general questions, call 855-722-5378.
- What to do you if you:
  - Have suspected or confirmed COVID-19.
  - Might have been exposed.

• Have symptoms but weren't around someone who was diagnosed.

Our FAQs answer dozens of your most-asked questions. You can find some of our more-asked answers below or <u>visit our FAQ page for many more</u>.

### FAQS

What should I do if an employee or someone I know is being tested?

What are COVID-19 symptoms?

How does COVID-19 spread?

Who should get tested for COVID-19?

What type of cleaning and disinfecting products should I use?

Where can I get tested for COVID-19?

I need to get groceries. Are grocery stores closed?

My event has less than 50 people. Do I have to cancel or reschedule?

Schools are closed and I have to work. Where can I find out information for childcare?

What if an employee tests positive for COVID-19?

What is included in the statewide closure of entertainment, leisure and non-essential services?

#### Prevent the spread of COVID-19 in Pierce County



Follow basic steps to prevent the spread of COVID-19:

- Wash your hands with hot water and soap for at least 20 seconds.
- Avoid touching your face, mouth and eyes.
- Stay home if you have a fever or cough or experience shortness of breath.
- Cover sneezes and coughs with your elbow.
- Disinfect frequently used surfaces such as tabletops, doorknobs, bathroom fixtures, mobile devices and keyboards.
- Avoid sharing personal items like water bottles, eating utensils or towels.
- Avoid large social gatherings and crowds.

#### Stay up to date

We offer several ways for you to stay informed:

- Check this page often. We update it regularly.
- <u>Subscribe to the Your Reliable Source blog.</u>
- <u>Track the statewide investigation.</u>
- Follow us on <u>Facebook</u>, <u>Twitter</u>, <u>Instagram</u> and <u>YouTube</u>.

## Learn more

- <u>LDL travel advisories page.</u>
- Operation Suds handwashing education materials.
- <u>Blog: Help us protect our most vulnerable populations.</u>
- Blog: Simple steps to prevent COVID-19.
- <u>Blog: Social distancing is good right now. Social isolation is not.</u>
- <u>Blog: Skip the trip to our office—use our online resources instead.</u>
- Blog: How we investigate COVID-19.

