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## & Concerns

## Chronic Disease

### Disease Fact Sheets

### Ebola Virus Disease

The Flu

Hepatitis +

HIV / AIDS +

Injection Drug Use

Heroin & Opioids

**Lice & Scabies** 

Measles

Mumps

## **NOVEL CORONAVIRUS 2019**

This is an evolving situation. This page will be updated as more information is available.

The Snohomish Health District, Washington State Department of Health, and Centers for Disease Control and Prevention are closely monitoring the coronavirus disease (COVID-19).

The Snohomish Health District is tracking COVID-19 carefully and working with the community to reduce the impacts of this virus. New temporary rules have been put into place focused on social distancing - a key strategy for reducing the spread of illness.

The most important thing you can do is remain calm, prepared, and informed. It also is important to take standard illness prevention tips. The same steps you take to reduce the spread of flu or other respiratory illnesses are key tools for reducing the spread of coronavirus.

The Community Foundation of Snohomish County has launched a charitable fund, in partnership with the Snohomish Health District, Snohomish County, and United Way of Snohomish County, to help ease the economic impacts of COVID-19. You can learn more or donate at <a href="https://www.cf-sc.org">www.cf-sc.org</a>.

#### Norovirus

Novel Coronavirus 2019

Sexually Transmitted Diseases

**Tuberculosis** 

Whooping Cough (Pertussis)

Zika Virus





## WHO TO CALL

If you have symptoms of illness, contact your medical provider. **Call ahead** before you go into a clinic or other health care facility.

If you have questions about medical care for yourself, a family member or someone else in your household, contact your medical provider directly.

- Everett Clinic flu and coronavirus resources
- MultiCare free e-visits
- Skagit Regional Health free e-clinc visits for respiratory illness



## **WASH HANDS OF**

WITH WARM WATER AND SOAP FOR AT LEAST 20 SECONDS. Then press # HAND SANITIZER IS GOOD IN A PINCH.

**FAQ** 

## Novel coronavirus fact sheet

FROM MOUTH, NOSE OR EYES TO AVOID TRANSFERRING GERMS.

NEWS

 Health Officer's Order on Execute (March 11, 2020)
FREQUENTLY USED SURFACES LIKE COUNTERS, LIGHT
Health Officer's Order: Declaration of Public Health Emergency (March 4, 2020) SWITCHES, DOORKNOBS, AND REMOTES.

WITH A TISSUE, THEN THROW TISSUE AWAY AND WASH YOUR HANDS.

## IF YOU FEEL SICK, STAY HOME

FROM WORK, SCHOOL, OR OTHER ACTIVITIES AND AVOID **CLOSE CONTACT WITH OTHERS.** 

FOR MORE INFORMATION GO TO: WWW.SNOHD.ORG/NCOV2019 OR WWW.SNOHD.ORG/FLU









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# PUBLIC HEALTH always working for a safer & healthier SNOHOMISH COUNTY

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