



I'm Looking For...



About Us

Healthy People

Healthy Places

Providers & Partners

I Want To...



Animal Bites & Concerns

Chronic Disease

Disease Fact Sheets

Ebola Virus Disease

The Flu +

Hepatitis +

HIV / AIDS +

Injection Drug Use

Heroin & Opioids

Lice & Scabies

Measles

Mumps

[Home](#) > [Healthy People](#) > [Diseases & Risks](#) > Novel Coronavirus 2019

## NOVEL CORONAVIRUS 2019

***This is an evolving situation. This page will be updated as more information is available.***

The Snohomish Health District, Washington State Department of Health, and Centers for Disease Control and Prevention are closely monitoring the coronavirus disease (COVID-19).

The Snohomish Health District is tracking COVID-19 carefully and working with the community to reduce the impacts of this virus. New temporary rules have been put into place focused on social distancing - a key strategy for reducing the spread of illness.

The most important thing you can do is remain calm, prepared, and informed. It also is important to take standard illness prevention tips. The same steps you take to reduce the spread of flu or other respiratory illnesses are key tools for reducing the spread of coronavirus.

The Community Foundation of Snohomish County has launched a charitable fund, in partnership with the Snohomish Health District, Snohomish County, and United Way of Snohomish County, to help ease the economic impacts of COVID-19. You can learn more or donate at [www.cf-sc.org](http://www.cf-sc.org).

Norovirus

Novel  
Coronavirus  
2019

Sexually  
Transmitted  
Diseases

Tuberculosis

Whooping  
Cough  
(Pertussis)

Zika Virus



Case Count  
General  
Businesses/  
Healthcare  
Travelers



Frequently  
Schools &  
Community  
People with  
COVID-19

### WHO TO CALL

If you have symptoms of illness, contact your medical provider. **Call ahead** before you go into a clinic or other health care facility.

If you have questions about medical care for yourself, a family member or someone else in your household, contact your medical provider directly.

- [Everett Clinic flu and coronavirus resources](#)
- [MultiCare free e-visits](#)
- [Skagit Regional Health free e-clinic visits for respiratory illness](#)

WORRIED ABOUT FLU OR CORONAVIRUS?

HELP FIGHT  
THE  
SPREAD OF ILLNESS



**WASH HANDS OFTEN**

OTHER QUESTIONS?

Call: 1-800-525-0127

Then press #

**WITH WARM WATER AND SOAP FOR AT LEAST 20 SECONDS.  
HAND SANITIZER IS GOOD IN A PINCH.**

FAQ

[Novel coronavirus fact sheet](#)

**KEEP HANDS AWAY**

**FROM MOUTH, NOSE OR EYES TO AVOID  
TRANSFERRING GERMS.**

NEWS

[Visit our Newsroom page.](#)

**CLEAN AND DISINFECT**

- [Health Officer's Order on Events \(March 11, 2020\)](#)
  - [Health Officer's Order: Declaration of Public Health Emergency \(March 4, 2020\)](#)
- FREQUENTLY USED SURFACES LIKE COUNTERS, LIGHT  
SWITCHES, DOORKNOBS, AND REMOTES.**

**COVER COUGHS & SNEEZES**

**WITH A TISSUE, THEN THROW  
TISSUE AWAY AND WASH YOUR HANDS.**

**IF YOU FEEL SICK, STAY HOME**

**FROM WORK, SCHOOL, OR OTHER ACTIVITIES AND AVOID  
CLOSE CONTACT WITH OTHERS.**

FOR MORE INFORMATION GO TO:  
[WWW.SNOHD.ORG/NCOV2019](http://WWW.SNOHD.ORG/NCOV2019) OR [WWW.SNOHD.ORG/FLU](http://WWW.SNOHD.ORG/FLU)



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CERTIFICATES



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**PUBLIC HEALTH**  
always working for a safer & healthier  
**SNOHOMISH COUNTY**

Everett (Main Office)  
3020 Rucker Avenue  
Everett, WA 98201  
Phone: 425-339-5200  
Email Us



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