

### Public Health Recommendations

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# Novel Coronavirus (COVID-19)

Page updated: Wednesday, March 18, 2020 at 5:00 pm

I am looking for...

- Public Health Recommendations
- Case Information
- School Closures
- Guidelines for Informal Gatherings of Children & Youth During School Closures
- What You Should Do if You Feel Sick
- What You Should Do if You Think You Were Exposed
- Testing for COVID-19
- Resources for Healthcare Providers
- Guidance for Businesses and Community Organizations
- Latest News & Updates
- FAQs

If you have questions about COVID-19, call the Washington State Department of Health hotline at 1-800-525-0127 and press #.

## 2019 Novel Coronavirus (COVID-19) in Whatcom County

As of Monday, March 16, we will be updating this page by 12:00 pm each day with new cases received through 11:59 pm the previous day. We will update this information sooner if significant developments occur.

Last updated: Wednesday, March 18, 2020 5:00 pm.

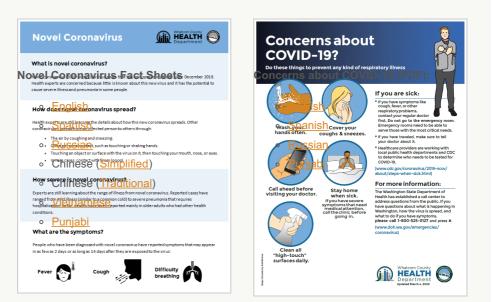
Confirmed Cases**
7
Negative Results*
209
Deaths
0

\*\* **Confirmed Cases:** Positive test results for Whatcom County residents reported in the Washington Disease Reporting System as of 11:59 pm.

\*Negative Results: Negative test results available for individuals that are that are known to the Whatcom County Health Department in the Washington Disease Reporting System as of 11:59 pm.

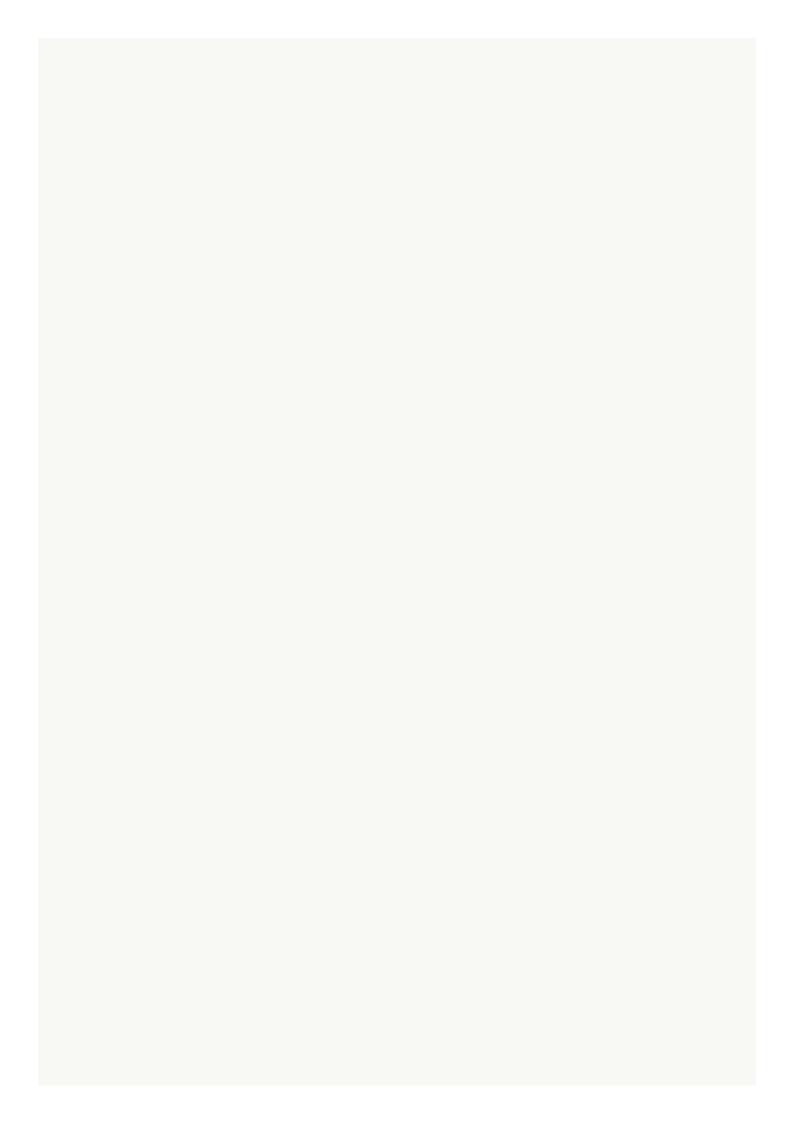
**Subscribe** and receive an email or text message notification when we update COVID-19 case results, along with other news items from WCHD. To sign up, use <u>this link to access</u> <u>the subscription sign up webpage</u>, and select Health – Public Health News under the News Flash section.

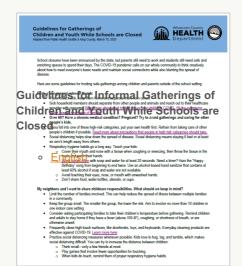
We simplified the way we report COVID-19 test results on March 13, 2020. <u>Read more about why we made that change</u>.



Compassion keeps our community strong.	
	Have compassion for others. • Viruses don't discriminate based on race, ethnicity, or cultural background. This kind of stigma makes any situation worse, not better! • Everyone reacts differently to stressful situations. Practice compassion towards others who may have a practice compassion towards others who may have a community
Strong	
( .a.	Have compassion for people who are sick or social distancing. Repch out virtually to someone you care about who is arhume sick or in self-quarantine. • If you see someone in public coughing or sneezing, be kind. Offer a tissue, or kindly suggest they cough into their elbow.
	Have compassion for yourself. • Make time to unwind and remind yourself that strong feelings will fade. • Take breaks from watching, reading, or listening to news stories. • Ask for help if you feel overwhelmed or concerned that COVID-9 is affecting your ability to function. It's ok to reach out to your primary care provider, a counselor, or faith leader for support.

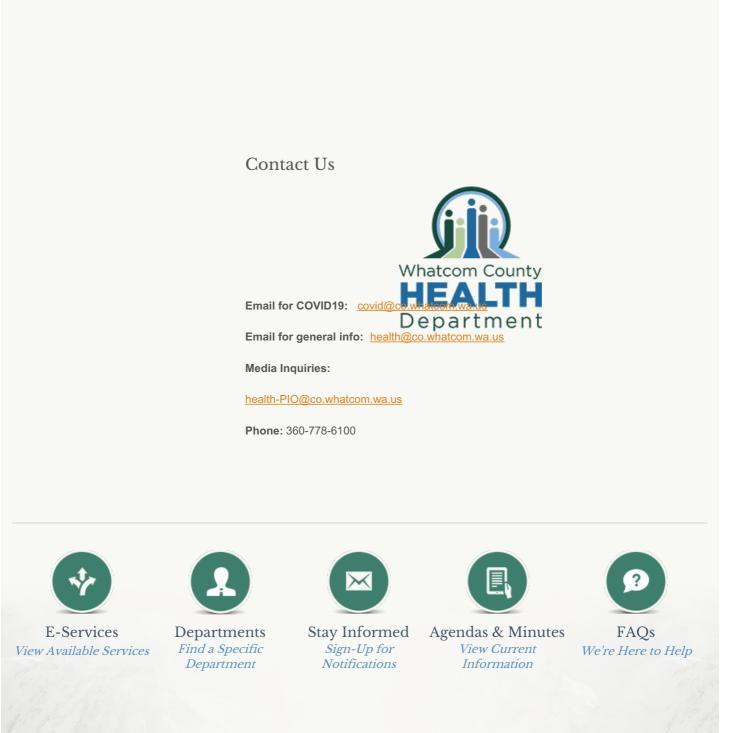
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# Additional Resources

- <u>Washington State Novel Coronavirus Outbreak 2020</u> (Washington State Department of Health)
- <u>2019 Novel Coronavirus</u> (Centers for Disease Control & Prevention)
  What You Need to Know (PDF) <u>English</u> | <u>Chinese</u> | <u>Spanish</u>
- COVID-19 Outbreak (World Health Organization)
- COVID-19 Glossary (PDF)





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