

Public Health Recommendations

FAQs

Healthcare Providers

Restaurants, Businesses & Community Organizations

Latest News & Updates

Media & Press

Home > Your Government > Departments > Health Department > Communicable Disease > Topics > Novel Coronavirus (COVID-19)

Novel Coronavirus (COVID-19)

Page updated: Tuesday, March 25, 2020 at 12:00 pm

I am looking for...

- Public Health Recommendations
- Case Information
- School Closures
- Guidelines for Informal Gatherings of Children & Youth During School Closures
- What You Should Do if You Feel Sick
- What You Should Do if You Think You Were Exposed
- Testing for COVID-19
- Resources for Healthcare Providers
- Guidance for Businesses and Community Organizations
- Latest News & Updates
- FAQs

If you have questions about COVID-19, call the Washington State Department of Health hotline at 1-800-525-0127 and press #.

2019 Novel Coronavirus (COVID-19) in Whatcom County

As of Monday, March 23, we are changing the way we report Whatcom County case information. With an increase in the number of confirmed cases, we are working to provide a breakdown of Whatcom County cases by sex and decade of age in the coming days.

The number of cases shown here were received through 11:59 pm yesterday.

Last updated: Tuesday, March 25, 2020 12:00 pm.

Confirmed Cases**
66
Negative Results*
336
Deaths
2

** **Confirmed Cases:** Positive test results for Whatcom County residents reported in the Washington Disease Reporting System as of 11:59 pm.

*Negative Results: Negative test results available for individuals that are known to the Whatcom County Health Department in the Washington Disease Reporting System as of 11:59 pm. Due to a technical difficulty with the Washington State Department of Health, the number of negative results has not been updated since 3/24/20.

Subscribe and receive an email or text message notification when we update COVID-19 case results, along with other news items from WCHD. To sign up, use <u>this link to access</u> <u>the subscription sign up webpage</u>, and select Health – Public Health News under the News Flash section.

We simplified the way we report COVID-19 test results on March 13, 2020. <u>Read more about why we made that change</u>.





strong.	
Compassio	ave compassion for others. Viruses don't discriminate based on race, ethnicity, or cultural background. This kind of stigma makes any situation worse, not better Everyone reacts differently to stressful situations. Practice compassion towards others who may have a Difficience pasting with statement of the stress Difficult compassion towards.
Eng	ave compassion for people who are sick or occal distancing. Reach out virtually to someone you care about who is arhume sick or in self-quarantine. If you see someone in public coughing or sneezing, be kind. Offer a tissue, or kindly suggest they cough into their elbow.
	ave compassion for yourself. Make time to unwind and remind yourself that strong feelings will fade. Take breaks from watching, reading, or listening to news stories. Ask for help if you feel overwhelmed or concerned that COVID-19 is affecting your ability to function. It's ok to reach out to your primary care provider, a counselor, or faith leader for support.



How Can I Be Prepared for a COVID-19 Outbreak?

• English

• <u>Spanish</u>

How Gas Are Prepared for a COVID-19 Outbreak?

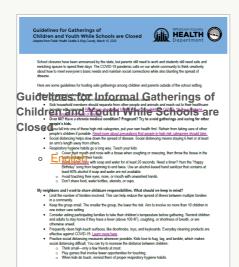
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- Symptoms of COVID-19 primarily include fever, cough, and shortness of hreath. These symptoms appear 2 to 14 days after exposure.
 COVID-19 procession and the second system of the second from it if you do.

- New do I plan alread for COVID-157 Make an emergency plan of action with your household members, relatives, and friends. Wat I parterscript Terained and and the information. If the disease that spreading in your any, heath of failed infight recommend to close schools or cancel events and encourage scopies to work remotely to slow the spread of the disease. To request the document in another formatic all shot331-0117. Dear of mark of alreading customers, plans coll 11. ((spreamer all your or and) <u>enclosed pream</u> an atom.



Additional Resources

- <u>Washington State Novel Coronavirus Outbreak 2020</u> (Washington State Department of Health)
- 2019 Novel Coronavirus (Centers for Disease Control & Prevention)
 - What You Need to Know (PDF) English | Chinese | Spanish

- COVID-19 Outbreak (World Health Organization)
- COVID-19 Glossary (PDF)

Contact Us

Email for COVID19: covid@co.whatcom.wa.us

Email for general info: health@co.whatcom.wa.us

Media Inquiries: WUC_JIC@co.whatcom.wa.us

Phone: 360-778-6100



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FAQs We're Here to Help



