COUNTY ALERT

Whatcom County COVID-19 Response - Limited Access to County Offices
Additional Information...

WHATCOM COUNTY
Washington

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Public Health Recommendations

FAQs

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Media & Press

Novel Coronavirus (COVID-19)

Page updated: Thursday, March 26, 2020 at 12:30 pm

I am looking for...

- Public Health Recommendations
- Case Information
- School Closures
- Guidelines for Informal Gatherings of Children & Youth During School Closures
- What You Should Do if You Feel Sick
- What You Should Do if You Think You Were Exposed
- Testing for COVID-19
- Resources for Healthcare Providers
- Guidance for Businesses and Community Organizations
- Latest News & Updates
- FAQs

If you have questions about COVID-19, call the Washington State Department of Health hotline at 1-800-525-0127 and press #.

2019 Novel Coronavirus (COVID-19) in Whatcom County

The cases shown here were received through 12:00pm on 3/26/2020 and were based on significant developments that occurred this morning.

Last updated: Thursday, March 26, 2020 12:30 pm.

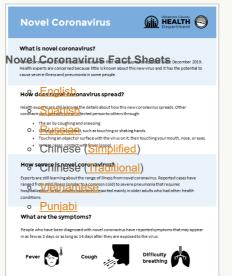|	
Confirmed Cases**
	86
Negative Results*
	336 (as of 3/24)
Deaths
	4

*** Confirmed Cases:** Positive test results for Whatcom County residents reported in the Washington Disease Reporting System as of 11:59 pm.*

*Negative Results: Negative test results available for individuals that are known to the Whatcom County Health Department in the Washington Disease Reporting System as of 11:59 pm. Due to a technical difficulty with the Washington State Department of Health, the number of negative results has not been updated since 3/24/20.

With an increase in the number of confirmed cases, we are working to provide a breakdown of Whatcom County cases by sex and decade of age in the coming days.

Subscribe and receive an email or text message notification when we update COVID-19 case results, along with other news items from WCHD. To sign up, use this link to access the subscription sign up webpage, and select Health – Public Health News under the News Flash section.

Factsheets and Other Resources

Novel Coronavirus Fact Sheets

- English
- Spanish
- Russian
- Chinese (Simplified)
- Chinese (Traditional)
- Vietnamese
- Punjabi

Concerns about COVID-19 (PDF):

- English
- Spanish
- Russian
- Punjabi

- English

Compassion Keeps our Community Strong

Guidelines for Handling Pre-Packed Food Safely (updated 6/2020)

How Can I Be Prepared for a COVID-19 Outbreak?

- English
- Spanish
- Russian

Updated March 5, 2020

How Can I Be Prepared for a COVID-19 Outbreak?

- COVID-19 is a new respiratory virus. There are no treatments for it. Most people will recover on their own, but some people can develop pneumonia and require medical care or hospitalization.
- As new information emerges from across the globe, please remember that the risk of COVID-19 is not at all connected with race, ethnicity or nationality. Stigma will not help to fight the illness. Seeking and sharing accurate information during a time of heightened concern is one of the best things we can do to keep rumors and misinformation from spreading.

How can I prevent the spread of COVID-19?

- Symptoms of COVID-19 primarily include fever, cough, and shortness of breath. These symptoms appear 2 to 14 days after exposure.
- COVID-19 spreads between people who are in close contact with one another (within about 6 feet) via coughs or sneezes. It may also spread by touching a surface or object with the virus on it.
- People are thought to be most contagious when they are the sickest, though some spread is possible before people show symptoms.
- Prevention starts with practicing good personal health habits: stay home when you're sick, cover your coughs and sneezes with a tissue, wash your hands often with soap and water, and clean frequently touched surfaces and objects.
- Getting plenty of rest, drinking fluids, eating healthy foods, and managing your stress may help you prevent getting COVID-19 and recover from it if you do.

How do I plan ahead for COVID-19?

- Make an emergency plan of action with your household members, relatives, and friends. Visit Emergency Preparedness and You for more information.
- If the disease starts spreading in your area, health officials might recommend to close schools or cancel events and encourage people to work remotely to slow the spread of the disease.

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.

Guidelines for Informal Gatherings of Children and Youth While Schools are Closed

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Additional Resources

- [Washington State Novel Coronavirus Outbreak 2020](#) (Washington State Department of Health)
- [2019 Novel Coronavirus](#) (Centers for Disease Control & Prevention)
    - What You Need to Know (PDF) - [English](#) | [Chinese](#) | [Spanish](#)

- [COVID-19 Outbreak](#) (World Health Organization)
- [COVID-19 Glossary](#) (PDF)

Contact Us

Email for COVID19:
covid@co.whatcom.wa.us

Email for general info:
health@co.whatcom.wa.us

Media Inquiries:
WUC_JIC@co.whatcom.wa.us

Phone: 360-778-6100

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